

north coast

thursday march 6, 2014 vol XXV issue 10 • humboldt county, calif. FREE

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OF POLITICS, PEOPLE AND ART

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## The Faces of Obamacare

The Affordable Care Act's local stories of success and frustration,  
and a glimpse at the challenges that lie ahead

*A North Coast Journal Staff Report*

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# Monday, March 10, 1:30 p.m. — **ENOUGH!**

**A**s I wrote in this column last week, I've been having flashbacks.

I started as a reporter for the *Arcata Union* in 1981 covering the perennially contentious Humboldt County Board of Supervisors, my favorite assignment. Once in a while, the county planning commission beat overlapped, too, and, always, politics. After 33 years, I'm mostly retired, running the business end of the *Journal* part-time. Once in a while — casually reading news reports, scratching my head — I wonder just what the heck has been going on. Like why can't we seem to get the General Plan Update completed like we did the last time — in 1984? (I was there.)

"Why don't you quit whining and go back to being a cub reporter?" my husband suggested a few weeks back. So last Tuesday, I showed up at the supervisors chambers at 9 a.m., remembering not to park in a two-hour zone by the courthouse. I sat through interesting presentations from the Humboldt County Convention and Visitors Bureau and KEET-TV. I had to duck out before the Headwaters Fund discussion.

In the afternoon, I watched the Board of Supervisors approve \$10,600 more and shuffle some other salary funds around retroactively to pay for all these extra planning commission GPU hearings — two per week — that have been going on since January. They're held at night. I feel sincerely sorry for commissioners who have to get back in their cars after work and drive up to an hour or more each way to serve on this panel — for just a small stipend. I feel sorry for members of the public who have to do the same, to watch sausage being made, to be ever vigilant and ready to jump up and testify, hoping to sway that critical vote, on an issue they are passionate about. I feel much less sorry for those who are basically paid to be there: staff, of course, and

the ever-present lobbyists for real estate developers and building contractors, and I guess that includes paid staff of some area nonprofits.

The supervisors that day also heard complaints under public comments from people unhappy with what's going on at the planning commission since Jan 13. That's the date the Board of Supervisors inexplicably returned the GPU back to the commissioners for more hearings. As you will see by the timeline below, the commission had finished more than a decade of work — in 2012 — and sent the GPU to the Board of Supervisors for action.

So what have the commissioners been up to with the GPU since January? On the night of Feb. 18, they did something very foolish, at least to those of us who have been paying intermittent attention for these past 14 years: *They voted to remove the "goal" of a countywide trail system from the GPU.* The meeting two nights later — Feb. 20 — was well attended by angry trail advocates. I made a point to go to the following meeting, Feb. 27, figuring people would still be mad. I was right. (See my report in "Blogjammin'" in this edition).

Planning Commissioner Lee Ulansey is fond of saying, "Isn't this great — all this public interest. ... Good government depends on public participation! ... This is terrific!"

Not necessarily. When that public is there because you screw up and they're mad, that's not good. I know this from experience. I was on the Fieldbrook Elementary School Board in the 1970s, happy to serve. We worked away on budgets and school policies with barely two people yawning in the audience each month. Then we passed a new policy altering the school starting hours, since we were getting crowded and had traffic jams. We decided kindergartners should start at one time, grades 1-3 another, etc. Apparently we screwed up. The next month we had an

auditorium packed with unhappy parents. We learned they had two or more kids in school, all starting and being picked up at different times, resulting in chaos to family life.

So what other votes have the commissioners been making since getting their hands on the GPU in January? Well, how about changing tiny, important words in order to pretty much gut the General Plan, to make it as toothless as possible? With Ulansey clearly driving the bus, the commission has been changing the word "shall" to the word "may."

From dictionary.com:

"shall" (in laws, directives, etc.) must; is or are obliged to: "The meetings of the council shall be public."

"may" (used to express possibility): "It may rain."

Or, it may not rain.

Who is Ulansey and why the hubris? (dictionary.com: "hubris" excessive pride or self-confidence; arrogance.) Well, we all know he is the founder of Humboldt Coalition for Property Rights (HumCPR, a political-action type of private corporation, private membership list, private funds) and he was Estelle Fennell's boss for three years before she was elected supervisor. Last year he was rewarded, some would say, with a seat on the planning commission. Here's an interesting fact: Five of these seven commissioners, including Ulansey, are *new* — meaning they were sworn in sometime during the last 13 months, long after the GPU was sent to the Board of Supervisors. This is an important fact to remember.

Here is the timeline and why the public should be upset at the excessive amount of time and money this process has consumed: This is 2014. The Board of Supervisors has had the completed draft of the General Plan Update since May 2012. Rex Bohn replaced Jimmy Smith in the fall of 2012. Estelle Fen-

nell took her seat in January 2013. Fine. There was important work in progress. They had to catch up, but they have now had more than a year to do so. And they've had 30 to 40 meetings during that time specifically on the GPU. Those hearings are in addition to the 100 (no exaggeration) hearings already held by the planning commission. These meetings cost money. And time. And increase public frustration.

It's time we told our supervisors: *Enough! We elected you, not these new planning commissioners. (Commissioners are appointed.) The draft plan was completed and has been awaiting your action for a year and a half. Pass the GPU. Do NOT send this back to the planning commission because, by their actions to date, it is clear the commissioners intend to start the GPU process all over again — to rewrite the Plan and scrap the one passed by the planning commission in 2012.*

Apparently we're going to get our chance to discuss this Monday. The Board of Supervisors has set yet another GPU public hearing for Monday, March 10 at 1:30 p.m. in the supervisors chambers of the county courthouse. I will be there with my cub reporter hat on.

If you can't be there — some people actually have to work on Monday afternoon — please drop your supervisor an email. Here are their addresses: rsundberg@co.humboldt.ca.us, mlovelace@co.humboldt.ca.us, rbohn@co.humboldt.ca.us, vbass@co.humboldt.ca.us, efennell@co.humboldt.ca.us.

Once the Board passes the GPU, the planning commission will be required to check the document for "consistency" as required by law.

— **Judy Hodgson**

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North Coast Journal Inc.  
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ISSN 1099-7571 © Copyright 2014



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**publisher Judy Hodgson**  
judy@northcoastjournal.com

**news editor Thadeus Greenson**  
thad@northcoastjournal.com

**arts & features editor Jennifer Fumiko Cahill**  
jennifer@northcoastjournal.com

**staff writer/assistant editor Grant Scott-Goforth**  
grant@northcoastjournal.com

**staff writer Heidi Walters**  
heidi@northcoastjournal.com

**calendar editor Dev Richards**  
calendar@northcoastjournal.com

**contributing writers**

**John J. Bennett, Simona Carini, Barry Evans, William S. Kowinski, Jessica McGuinty, Jennifer Savage, Genevieve Schmidt, Ken Weiderman**

**contributing photographer Bob Doran**  
bob@northcoastjournal.com

**art director/production manager Holly Harvey**  
holly@northcoastjournal.com

**graphic design/production Miles Eggleston, Carolyn Fernandez, Kim Hodges**

**general manager Chuck Leishman**  
chuck@northcoastjournal.com

**advertising manager Melissa Sanderson**  
melissa@northcoastjournal.com

**advertising Mike Herring** mike@northcoastjournal.com  
**Colleen Hole** colleen@northcoastjournal.com  
**Shane Mizer** shane@northcoastjournal.com  
**Terrence McNally** terrence@northcoastjournal.com

**marketing & promotions manager Drew Hyland**

**office manager/bookkeeper Carmen England**  
**receptionist/classified assistant Michelle Wolff**

**MAIL/OFFICE:**

310 F St., Eureka, CA 95501

**PHONE:** 707 442-1400

**FAX:** 707 442-1401

ncjournal@northcoastjournal.com

**press releases** newsroom@northcoastjournal.com

**letters to the editor** letters@northcoastjournal.com

**events/a&e** calendar@northcoastjournal.com

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**on the cover:** Casey Schuetzle (left), photo by Grant Scott-Goforth. Jude Ehrlich, photo by Thadeus Greenson.

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## MAILBOX

### Water Rip

Editor:

So, what if Mercer-Fraser does win its lawsuit against the Alderpoint Water District? ("Boil Order," Feb. 27.) Will it then proceed to find fault with the second-lowest bidder, further delaying the project while the town's water tanks disintegrate and costing the district even more in legal fees while its only employee volunteers his time?

Two things are abundantly clear about this situation: 1) Mercer-Fraser puts the "M-F" in you-know-what; and, 2) it's definitely "Mercer," not "Mercy." Mercer-Fraser appears to want to float its boat by leaving Alderpoint high and dry. For shame.

Ken Burton, Eureka

### Write Your Lawmaker!

Editor:

Thank you for turning a light on federal mandatory minimum sentencing ("Pot POW," Feb. 27). Readers concerned about mandatory minimum sentencing are urged to write the United States Sentencing Commission, which is accepting public comment on proposed reductions to the drug guidelines. The deadline for response is March 18.

Congress established the commission in 1984 to guide federal sentencing policy and practices. Last year, the commission received more than 14,000 letters in response to its invitation for public comment during its annual review. No doubt this large volume of public comment contributed to the commission now recommending reducing current statutory drug mandatory minimum penalties.

In a statement before the U.S. Senate Committee on the Judiciary, Sept. 18, 2013, Commission Chair, Judge Patti B. Saris, made the following findings:

Mandatory minimum sentences resulted in a significant increase in the federal prison population. From Dec. 31, 1991 to Dec. 31, 2012, the number of inmates more than tripled, from 71,608 to 217,815.

This increase in inmates has led to overcrowding and an increased federal prison budget, from \$1.36 billion for fiscal year 1991 to \$8.23 billion this year.

Certain severe mandatory minimum sentences lead to dissimilar decisions by prosecutors resulting in similarly situated offenders receiving sentences that differ by years or decades.

Mandatory minimum penalties are tied only to the quantity of drugs involved, which research shows is often not a good factor for basing sentencing.

The commission's research indicates that drug-sentencing reductions would

not lead to increased recidivism and crime.

If you would like to see mandatory minimum drug sentencing guidelines lowered or eliminated altogether, the commission needs to hear from you. You can send your comments by email to [public\\_comment@ussc.gov](mailto:public_comment@ussc.gov) or by snail mail to U.S. Sentencing Commission, Attn: Public Affairs, One Columbus Circle, N.E., Suite 2-500, Washington, DC 20002-8002.

Rita Carlson, Manila

### Reconsider Releases

Editor:

I believe the meeting at the Wharfinger on Feb. 26 was a complete hoax and a whitewash of the death of a beloved priest (see "Free to Go," page 8). If a more rigorous screening system and a thorough risk assessment process had been in place, the murder might never have happened.

The minister's request that we all honor one another just served to nullify the criticism that the Sheriff's Department justly deserved over the loss of a remarkable man in the community. Instead of focusing attention on how long an alcoholic could be retained, the panel would do well to take a serious look at its screening process and the giving out of free bus tickets so the released prisoner could find his way back home.

Fred Mazie, Eureka

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## Intentions and Indications

Editor:

There are only three people left alive who know what happened to Douglas Anderson-Jordet on the night of Nov. 25, 2013: Juan Ferrer, Nicholas Stoiber and Sophie Roche-leau ("Questions, Campaigning Follow Stabbing Pleas," Feb. 20).

Human nature dictates that Juan, Nicholas, and Sophie would say anything they can at this juncture to vindicate themselves and denigrate Doug. However, when it came to my attention that they've resorted to defaming Doug's character by claiming he instigated that night's altercation with homophobic and racist attacks, I became overwhelmed with the need to speak for him.

Doug moved to Arcata to live somewhere more progressive than his lifelong home in central Minnesota. He was in no way the bigoted, cruel or angry drunk that his killers have painted him to be. Doug was a quiet, 50-year-old man who had been through a lot in his life. He was probably not so different from his killers in that he was a devoted animal advocate and passionate about music. In the 10 years I had the pleasure of knowing him, Doug gave absolutely no indication of violent tendencies, even when provoked.

Regardless of whether or not the perpetrators "intended" to kill Douglas, they certainly did him no favor by beating, stabbing and leaving him to bleed to death in the street. We should now be

## Comment of the Week

"First steak and deep fried onion rings, now donuts?! Are you trying to kill off your readers?"

— Julie Fulkerson on the Journal's recent "Table Talk" via Facebook.

questioning why they've been allowed to drag his name through the mud, persuading people to feel that perhaps he deserved it. Doug did not deserve to die, and I do not believe that Sophie, Nicholas and Juan deserve to freely walk our streets so soon after committing such a brutal offense.

It must also be noted how disappointed I am in the handling of this case by the deputy district attorney, Elan Firpo. The wellness of our community depends on better representation for victims of violent crime.

Benjamin Dale, Eureka

## Correction

Last week's "Week in Weed" contained an inaccuracy: A quote attributed to Brett McFarland should have been attributed to his brother. The story has been corrected online.

## Write a letter!

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**NEWS**



UNDERSHERIFF BILL HONSAL (STANDING) RESPONDS TO A COMMUNITY MEMBER'S QUESTION AT THE FEB. 26 MEETING. PHOTO BY GRANT SCOTT-GOFORTH

## Free to Go

Will jail release policy change?

**By Grant Scott-Goforth**

grant@northcoastjournal.com

If you're let out of jail in the middle of the night 50 miles from home, who do you call? For some, it's Hoopa resident Brad Marshall's elderly mom.

That's something Marshall would like to see change. Before a crowd of 100 people last week, he asked the Humboldt County Sheriff's Office to reassess its policy of releasing inmates and detainees in the middle of the night, describing some late-night trips his mother, who is in her mid-70s, has made to pick up extended family stranded far from home in Eureka. "She does her best to come out here," Marshall said. "(State Route) 299 is a dangerous road. So please review the policy."

And it appears jail officials are doing just that, following Marshall's story and a similar outcry from the community. The review comes after an at-times intense public meeting last week that saw the county's top law enforcement officials explaining the laws and jail policy affecting inmate releases and addressing concerns and suggestions from the crowd.

Sheriff Mike Downey was somewhat terse during the meeting, reiterating the position he previously gave the *Journal* about the legality and practicality of hold-

ing inmates until daylight hours (see "Dead of Night," Jan. 30). He told the crowd that he wouldn't have a constitutional problem with legislation allowing jails to hold people until daylight, but said a previous attempt at changing state law failed. Still, jail Capt. Ed Wilkinson said the sheriff's office is amenable to changes if they comply with state law.

"We are constantly reviewing our policies and looking at ways to do things better," Wilkinson said. "A lot of good points came from the meeting."

Wilkinson reached out to other jails around the state earlier this year, seeking to learn more about how they release inmates. Of the 20 or so that responded, most had policies similar to Humboldt County's — detaining intoxicated people three to eight hours and releasing them when they're sober enough, day or night. But six of the counties that responded — Colusa, Ventura, Imperial, Inyo, San Benito and San

Mateo — told Wilkinson that they do, in fact, hold inmates until the daylight hours. Four of those counties said they made their decisions because of remote jails and lack of transportation during the late night and early morning.

The Imperial County jail is in the El Centro city limits, and only a short walk from some

### For The Record:

The Humboldt County jail does not give out bus passes. When an inmate is released, any cash they had on booking is returned to them in the form of a check. Downey said the check policy is for accountability — fewer sheriff's office employees handling cash means less opportunity for corruption. Wilkinson said the jail will soon issue swipeable cash cards upon release.

Wilkinson said there's not any kind of per-capita funding for inmates, addressing rumors that the jail releases people after midnight to get funding for the whole next day, while only housing them for a fraction of that day.



of the city's residential areas — but the Imperial County Sheriff's Office is one of the few California counties that holds onto detainees until dawn, no matter what time they were brought in the previous day.

"We normally start letting people out pretty much when the sun's coming out," Imperial County Correctional Lt. David Tirado told the *Journal*. The jail provides a bus pass to an outgoing inmate, but buses don't run in the late night hours. The jail will release an inmate who posts bail, Tirado said, but not without trying to secure them a ride. "Other releases — they can wait for the morning hours when it's safer." The jail even tries to accommodate drunk-in-public detainees longer when the weather's bad, Tirado said. The county has never been challenged or sued over its policy, to Tirado's knowledge.

Last week's public invectives were mostly directed toward the Humboldt County jail's late-night releases, particularly since the lack of public transportation at that hour can leave out-of-towners stuck on Eureka's streets. A crowd clearly still smarting from the Jan. 1 killing of St. Bernard Pastor Eric Freed suggested that the sheriff's office implement pre-release mental health screenings, offer bus passes or taxi rides to outgoing detainees, or even drive people back to the origin of their arrest. Invoking Freed's killing, one impassioned speaker demanded, "What we want is answers. Sheriffs brought that problem to Eureka. This problem didn't originate in Eureka."

Put simply, the sheriff's office explained, those things cost money that the county doesn't have. Holding cells in the county's remote regions have been closed due to a lack of funding, meaning anyone arrested or detained is brought to Eureka's jail.

Public Defender Kevin Robinson — the county's lead in defending those too poor to hire private defense attorneys in criminal cases — said any policy that the jail adopts should be as fair to everyone as possible. "I want to make sure everyone is treated the same," he said, adding that while police and correctional officers should be adept at recognizing and handling people with mental illness, police and courts should not be the social structure to address mental health issues. "They should not be our long-term solution to mental health needs in our community," he said. "They should be our first response."

Wilkinson said the sheriff is considering adopting a policy similar to Imperial's. "The meeting yesterday showed that the community is for something like this," Wilkinson said. "It needs to be weighed out — we need to look at a lot of different things. We have to talk to our counsel to make sure it's appropriate and within the law. That's a big factor for us." ●

# Dry Times

## Wet February boosts rainfall totals

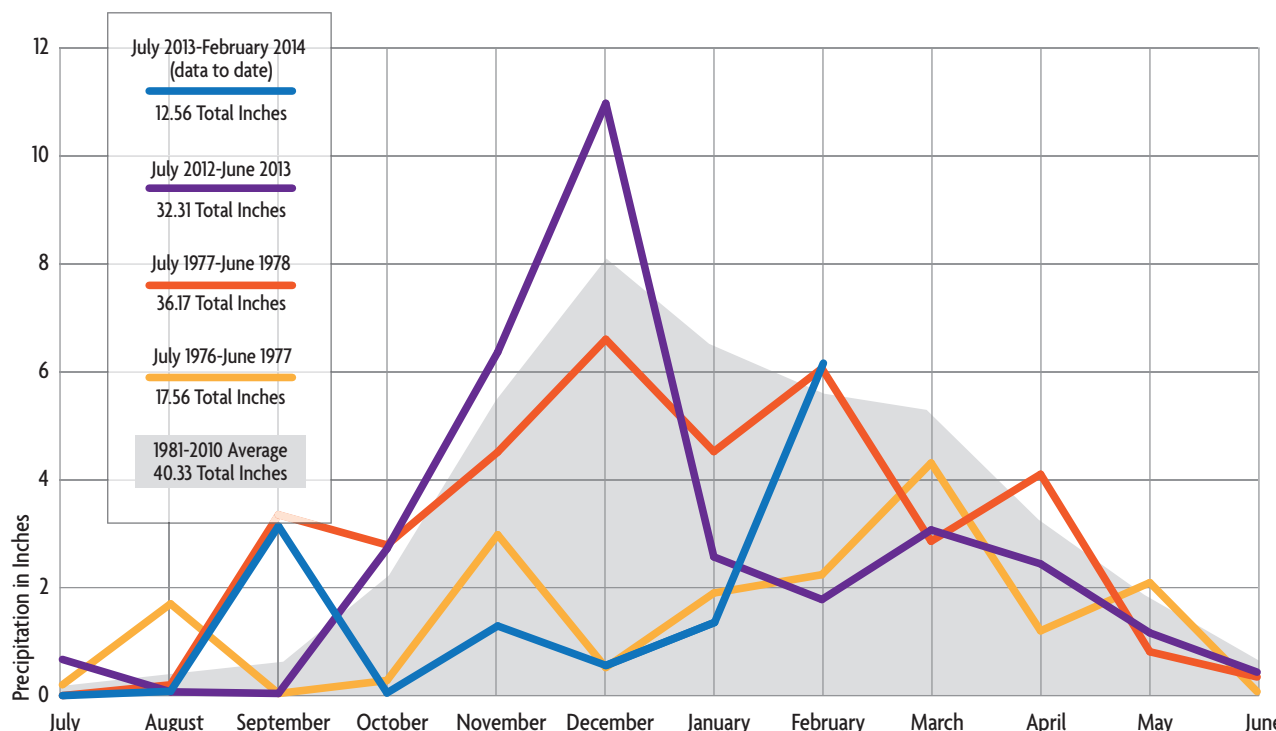
By Thadeus Greenson

thad@northcoastjournal.com

### Humboldt County Precipitation

UPDATED MARCH 3, 2014

Data collected at Woodley Island SOURCE: NATIONAL WEATHER SERVICE



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DAMAGE TO A REDWOOD TREE FROM BURL POACHING. COURTESY OF REDWOOD NATIONAL AND STATE PARKS.

ENVIRONMENT / BY GRANT SCOTT-GOFORTH / SATURDAY, MARCH 1 AT 10:35 A.M.

## Burl Piracy Closes Scenic Byway

File under: *This Is Why We Can't Have Nice Things*.

Newton B. Drury Parkway, that languorous, serpentine, redwood-lined scenic bypass through Prairie Creek State Park, will now be closed from dusk 'til dawn because of burl-raiding nincompoops.

California State Parks announced the closure — effective Saturday at sundown — as a measure to keep people from poaching redwood burls, an increasing problem in the park. Burls are rare, and thusly lucrative as souvenirs and memorabilia for redwood-inspecting tourists.

COURTS / BY GRANT SCOTT-GOFORTH / FRIDAY, FEB. 28 AT 4:19 P.M.

## Alderpoint Water Injunction Denied

Water tank construction will continue in Alderpoint after a judge today denied an injunction against the state's payments for the project.

Eureka-based contractor Mercer-Fraser is suing the Alderpoint Water District over its bidding process from last year. The company said the lowest bidder was unfairly awarded the project. Read about the lawsuit in this week's cover story, available online here.

Reached by phone following oral arguments, Alderpoint Water District's attorney Clare Gibson said she was "very

pleased" with today's ruling, which she said showed that the district's need for a safe water supply outweighed any alleged problems with the contract.

In a detailed ruling adopted today, Sacramento Superior Court Judge Allen Sumner outlined his reasons for denying the injunction, saying that the potential harms to the environment and customers served by the water district outweighed potential harm to taxpayers from an unfair bidding process.

"If work stops, the District's customers will continue receiving unsafe drinking water and the aging redwood tanks will continue leaking thousands of gallons of water per day during the worst drought in California's history," Sumner wrote. "Additionally, stopping work would jeopardize the District's ability to complete the project on its limited budget. The court finds these compelling reasons not to grant the injunction."

While he wasn't ruling on the lawsuit itself, Sumner also wrote that "Mercer-Fraser is not reasonably likely to establish Cal Electro's bid was non-responsive, much less that any non-responsiveness was consequential," suggesting that the suing contractor is not likely to prevail in its lawsuit against the water district.

The attorney representing Mercer-Fraser did not immediately return a phone call.

"I hope they go away," Gibson said. "I just don't see how they believe that they could prevail based on the merits. Then again I couldn't believe that they'd begin with this case to begin with."

GOVERNMENT / BY JUDY HODGSON / FRIDAY, FEB. 28 AT 11:33 A.M.

## Planning Commission Seeks Guidance from 'Bosses'

Facing a riled-up public, some of the newest members of the Humboldt County Planning Commission found themselves on the short end of two votes Thursday night. For the second meeting in a row, Supervisors Chambers was about half-filled by angry and demanding trail advocates, along with a smattering of fisheries biologists.

One contested vote was over whether to send a letter to the Humboldt County Board of Supervisors pleading for more time to re-work the General Plan Update, now 14 years into the process. (On Jan. 13, commissioners were given a 45-day deadline to complete their review of the GPU's Conservation and Open Space element.) That pleading draft letter never came to a vote. Instead, on a 4-3 vote, commissioners approved a letter asking the board, "respectfully, to review the work we've completed so far and give us further instructions," said Commissioner Susan Masten, who made the motion. "It would help to have guidance from our bosses."

Lee Ulansey — the founder of the private corporation Humboldt Coalition for Property Rights (HumCPR), who joined the commission just a year ago along with Commissioners Robert Morris and Alan Bongio — disagreed saying, "I'm uncomfortable with time restraints. ... We need more time." (Five of the seven commissioners have joined the panel within the last 13 months. Masten and David Edmonds were appointed in 2011.)

The contentious meeting lasted three and a half hours with members of the public testifying at every opportunity. The last hotly disputed vote came just minutes before everyone was asked to vacate the Humboldt County Courthouse due to a 9:30 p.m. curfew. Commissioners were attempting to collectively make seven previous "straw votes" taken over the past two months final with one vote of the commission. The seven previous straw votes to change parts of the Conservation and Open Space element were flashed up on the screen before a bleary-eyed public. One included a modification to Section BR-S5 — reducing the building setback buffer for fish-bearing streams from 150 feet back to 100 feet, the limit established in the General Plan of 1984.

Gordon Leppig, an environmental scientist for the California Department of

Fish and Wildlife, asked commissioners to "re-evaluate" their Jan. 30 vote on BR-S5, streamside protection, because it "was not science-based." Others testifying said it was also not in compliance with state and federal law.

The streamside protection reduction failed to gather the four votes needed to be passed on to the Board of Supervisors. Commissioners Masten, Edmonds and Noah Levy voted no; Commissioner Kevin McKenny, appointed just weeks ago, abstained.

CRIME / BY THADEUS GREENSON / WEDNESDAY, FEB. 26 AT 8:45 A.M.

## Mills' Plan for Policing Eureka

In the face of some notable crime rates, new Eureka Police Chief Andrew Mills is overhauling the department, instituting a massive reorganization that will change both the way residents interface with the department and how its commanders are held accountable.

Mills, who came to the city in November from San Diego, said his plan is to carve the city into two geographic areas, each of which will be commanded by one of EPD's lieutenants — Tony Zanotti and Len Johnson — who Mills plans on making acting captains. The idea, as Mills explains it, is that breaking up the city will allow EPD commanders to better get to know neighborhoods and their specific crime problems. And, he said, it will give residents a clearer point of contact.

"It should be a more seamless process, allowing us to better identify problems, as opposed to just responding to incidents," Mills said.

The goal, Mills said, is also to make his department's commanders more accountable, adding that under the new structure Zanotti and Johnson will both be on call 24 hours a day, seven days a week.

"It's accountability methodology," Mills said. "I can tell you this, if crime continues to go up for the next five years, you'll be looking for another police chief. So, why shouldn't I be holding my commanders accountable?"

Mills said he will focus a lot of that accountability on proactive policing efforts, pushing his acting captains and their sergeants to spot trends and ongoing problems and then try to address them holistically.

But, Mills conceded, the reorganization is only one component of what has to be a multi-faceted effort from the department. Mills said EPD's records division and data collection methods are outdated. Consequently, he's looking to hire a crime analyst in the coming fiscal year.

The analyst, Mills said, will use GPS

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# Teenage Wasteland

By Grant Scott-Goforth

mapping technology to look at areas of high crime intensity. He hopes this will allow the department to better understand the types of crimes that concentrate in certain neighborhoods of the city. Then it will be able to look at layered solutions, including community education and outreach and targeted patrols.

But EPD also has other staffing issues that need to be addressed before the department can fire on all cylinders. Mills said his department currently has six vacant officer positions it's working to fill, as well as a number of dispatch positions.

Officer recruitment and retention have historically been problems for EPD, so Mills said he's taking a proactive approach to getting more boots on the ground. He said he's gone to the College of the Redwoods Police Academy to make his pitch, telling cadets that if they want to "learn how to be the best cop in the busiest department in the region, then come work for us." Mills said he's also actively recruiting from the ranks of the Humboldt County Sheriff's Office correctional officers and reaching out to some non CalPERS agencies in the state to recruit their retiring officers, hoping to lure them up to Eureka with the prospect of earning a salary to accompany their retirement checks.

Recruitment is only half the issue, Mills said, as EPD needs to do a better job of retaining the officers it has. While pay is certainly a large part of that issue — EPD's officers are paid at least 25 percent less than their counterparts in the San Francisco Bay Area — Mills said the department simply needs to treat its officers better. "I've stressed that we need to treat everyone with a lot of respect and dignity, especially our employees," he said. "Cops tend to eat their young, but we need to make sure everyone feels appreciated, wanted and needed here."

Once the department is fully staffed, Mills said he hopes to form another Problem Oriented Policing (POP) team. Currently, EPD's POP team has all the work it can handle, Mills said, adding that the vision is to ultimately have a separate team for each of EPD's two geographic areas.

Mills said that in the coming months he'll be looking for community input to help the department break Eureka down into neighborhoods and identify specific problems in each one. "Geographic policing is one of the main tenants of community policing," Mills said. "The main thing I'm trying to communicate and get across is that we need to be more responsive to the community, and this is our effort to do that."

**A** growing number of studies indicate that marijuana is, like, really bad for the developing teenage brain, according to a recent NPR report. At a point when the brain is streamlining — honing its ability to think critically, make judgments and remember stuff — marijuana use is hindering development. This is not just problematic for grades and other short-term outcomes. One study out of New Zealand indicates that marijuana users lost up to eight IQ points in their transition to adulthood and struggled with memory and decision making more than non-users.

Of course, as NPR reports, there's a question about whether drug use precipitates "cognitive functioning differences."

"It's very possible that there's something very different to begin with among teenagers who tend to get into trouble with marijuana or who become heavy users," said Columbia University drug abuse researcher Gregory Tau.

Are you one of the pot acolytes reeling from the decidedly ungroovy characterization thrust upon you by old fogey Jerry Brown? Yeah, he just called you a pothead.

In a "Meet the Press" interview last weekend, the California governor expressed skepticism at further legalizing pot in the state, asking, "How many people can get stoned and still have a great state or a great nation?" He then answers his own question: "The world's pretty dangerous, very competitive. I think we need to stay alert, if not 24 hours a day, more than some of the potheads might be able to put together."

Shocked? Look, just 'cuz he dated Linda Rondstadt doesn't mean he's not square. Recall that he was *the man* when they were romantic, too, and despite having "fun for a lot of years," Rondstadt recalled, he was "not interested in drinking or drugs, and lived his life carefully, with a great deal of discipline."

Clear your calendar for the loftiest of public formats, the oratory. There's a small bevy of weed talks coming up this week,

if you're in the mood for a forum, lecture or discussion. Not the most thrilling of formats, but often informative and good for sparking debate.

Among those is the "Environmental Cannabis Forum," sponsored by the Mateel Community Center and organized by Eureka attorney Kathleen Bryson, who told the Lost Coast Outpost that she was previously "on the fence regarding cannabis legalization" because she feared it would harm Humboldt's economy. It stands to reason, after all, that the bottom line of one's criminal defense business would be severely hampered by the disappearance of one of the county's most common crimes. Sure, pot biz dollars worm their way into just about every Humboldt resident's salary one way or another, but few so directly and robustly as a defense attorney's, one would guess.

The LoCO writeup makes it sound as though Bryson's had a change of heart, but topics of the upcoming event — which features Emerald Cup founder Tim Blake and enviros Scott Greacen and Gary Graham Hughes — don't exactly include legalization. In fact, the calls for "drinkable water, clean air and healthy wildlife" imply increased regulations on weed grows. Still, putting aside her own pecuniary interests, Bryson is sort of backhandedly championing legalization. "You cannot regulate something that is illegal and underground," she told LoCO. Head to the Mateel Community Center on March 8 at 11 a.m. for the (presumably free?) forum. LoCO's SoHum correspondent Kym Kemp will be talking about "the media's portrayal of growers and the environment," too.

On March 11, the Humboldt Institute for Interdisciplinary Marijuana Research continues its comprehensive speaker series with thoughts (spoken aloud) from Nathan Donohoe of LA's Cannabis Consulting Group, which advises communities on medical marijuana regulations and entrepreneurship. That's for free at 5:30 p.m. in HSU's Native American Forum.

On Wednesday the 12th, the local chapter of the Audubon Society will work to finalize its statement on weed cultivation as it affects wildlife.

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# The Faces of Obamacare



IN A CALL CENTER ON EUREKA'S FIFTH STREET ON FEB. 27, COUNTY ELIGIBILITY WORKERS HELP SIGN PEOPLE UP FOR MEDI-CAL AND OTHER ASSISTANCE PROGRAMS. PHOTO BY THADEUS GREENSON

The Affordable Care Act's local stories of success and frustration, and a glimpse at the challenges that lie ahead

## A North Coast Journal Staff Report

In many ways, Jude Ehrlich is the face of Obamacare on the North Coast. The good face, anyway. The 44-year-old McKinleyville man never used to have much trouble getting health insurance. He had employee-offered plans until 2000, when he started his own small business and purchased his own policy, which helped cover his treatments for psoriasis, psoriatic arthritis, migraines and more.

But paying for the Blue Cross policy increasingly became a challenge, especially as

his computer repair and consulting business slogged through the recession and monthly premiums steadily climbed to \$400. Eventually, Ehrlich found himself unable to keep up and let his policy lapse. When he was on better financial footing a few months later, he tried to reinstate it.

"And they denied me, giving me a bunch of excuses," said Ehrlich, who was born deaf after his mother contracted rubella while he was still in the womb. "I then got a letter from them at one point saying that they would not cover me because I was deaf. I was shocked."

For the first time in his life, Ehrlich was denied insurance due to a "pre-existing condition." Ultimately, Ehrlich enrolled in

a federal Pre-Existing Condition Insurance Plan with a \$300 monthly premium. The policy wasn't terrible — it allowed him to see his primary care provider with \$20-per-visit copays — but it had some major problems. When Ehrlich needed a \$4,000 colonoscopy a couple of years ago, the federal plan chipped in just \$600. He continues to make \$20 monthly payments on the \$3,400 balance to this day.

So, when the state of California unveiled its insurance exchange marketplace under the Affordable Care Act of 2010, better known as Obamacare, Ehrlich quickly went online and contacted Covered California. He learned that he didn't need to purchase a policy — he qualified

for Medi-Cal thanks to new, expanded eligibility requirements.

"So far, it has been great," Ehrlich says. "I pay exactly nothing, based on my income. No copay for doctor visits, no copay on (prescriptions). No monthly premiums. So far the coverage and service has been much better than what I have had in the past."

Ehrlich's story illustrates much of what has gone right with Obamacare. A man once denied reasonable coverage due to a pre-existing condition is now getting affordable care. But Ehrlich is only a small part of a complex picture emerging as the Affordable Care Act begins to hit stride on the North Coast, leaving a flurry of frustrations, successes and questions in its wake.



## If the Affordable Care

Act is some kind of healthcare superhighway, then a county-run call center on Fifth Street in Eureka is one of its onramps. On a recent Thursday afternoon, eligibility workers sat in neat cubicles with large computer monitors to help them guide callers through a maze of programs. While the center serves as a point of first contact for folks looking to enroll in a variety of state programs, it's also one of the places Obamacare touches down locally.

Widely hailed as the most significant overhaul of the nation's health care system since the passage of Medicaid in 1965, the Affordable Care Act touches almost every aspect of health care delivery in the United States. It mandates that just about everyone in the country get health insurance, threatening fines — 1 percent of household income this year, 2 percent next year and 2.5 percent in 2016 — for those who don't. It prohibits insurance companies from denying policies to people with pre-existing conditions, like Ehrlich, or from dumping folks who get sick. It also mandates that plans provide coverage for mental health and addiction services on par with coverage of physical ailments.

But the biggest changes imposed under the act come in a three-tiered approach to getting more people insured. First, the act greatly expands eligibility for Medicaid, the federal health insurance program for the poor that covers more than 50 million Americans. In California, that means expanding Medi-Cal to cover folks making up to 138 percent of the federal poverty level — about \$31,700 for a family of four this year. Single adults are also now eligible for Medi-Cal enrollment, opening the insurance door to millions of poor Californians. On the second tier, folks making too much to qualify for Medi-Cal, but less than four times the federal poverty level, are entitled to government subsidies to help pay their insurance premiums. Finally, the new law creates health insurance marketplaces, also known as exchanges, that offer standard, government-regulated plans. Open enrollment for the plans runs through



JUDE EHRLICH, PICTURED WITH HIS SERVICE DOG, JULIET, RECENTLY SIGNED UP FOR MEDI-CAL. PHOTO BY THADEUS GREENSON

have any kind of insurance," Spetzler says. "Now, a pretty large subset of those people are getting insurance, and they are looking for their medical home."

Statewide, almost 2 million people had enrolled for coverage under Covered California as of Feb. 15, but the exchange isn't releasing county-level data, so it remains unclear how many folks in Humboldt have signed on. What is clear, however, is that Medi-Cal enrollment is surging locally under Obamacare. According to the Department of Health and Human Services, the number of Medi-Cal

cases granted in Humboldt County jumped more than 40 percent from December to January, increasing from 9,888 to 13,925, with the cases combining to bring coverage to some 27,699 individuals.

That's more than 4,000 newly covered people looking to access healthcare providers — an influx that threatens to strain the local system. "Expanding capacity is not as instant as giving people insurance cards," Spetzler says. It doesn't help that Covered California's plans are crucially flawed, at least as they are operating on the North Coast.

**If Ehrlich** and his smile can be seen as what Obamacare got right, Catherine Markle sees what it got wrong on a daily basis. Markle, the billing manager at Eureka Family Practice, says she's been dealing with confused and frustrated patients since October, when Covered California began enrolling patients.

Only two major insurers are offering policies under the California exchange — Blue Shield and Anthem Blue Cross. When the companies came to negotiate with providers on the North Coast, they took a hard line, as they have throughout the state. Blue Shield offered reimbursements that were 30 to 50 percent less than they would pay doctors under traditional insurance plans, Markle says. Similarly, Anthem Blue Cross offered 10 to 65 percent reductions from its traditional reimbursement levels.

"These are major payers," explains Markle. "They don't have to give you a reason, and they don't have to negotiate. They really kind of backed us into a corner and they wouldn't negotiate. They said, 'take it or leave it,' and we were forced to leave it." It turns out, most providers on the North Coast decided to leave it, unable or unwilling to agree to huge reductions to their

*continued on next page ►*

**50 million**

Americans who receive health coverage through Medicaid

**8 million**

Californians who are covered under Medi-Cal

**1.4 million**

Additional Californians who are newly eligible for Medi-Cal this year under Obamacare

**27,699**

Humboldt County residents enrolled in Medi-Cal

**↑40%**

Increase in Humboldt County Medi-Cal cases between December 2013 and January 2014

## Medi-Cal At a glance

Medi-Cal, California's Medicaid program, provides insurance coverage to the poor. Under Obamacare, the program will greatly expand its eligibility guidelines. Beginning this year, the program will extend coverage to those earning up to 138 percent of the federal poverty level — which currently equates to about \$15,500 for an individual and \$31,700 for a family of four — and will offer coverage to childless adults who were previously ineligible.

### How to enroll:

Call Covered California at (800) 300-1506, visit it online at [www.coveredca.com](http://www.coveredca.com) or call Humboldt County's local call center at (877) 410-8809 before March 31.

the end of this month. After that, people will have to wait until next year to sign up.

Covered California, the Golden State's exchange, is designed to act as a large funnel. When someone calls a hotline number, he or she is quickly screened to determine if he or she is eligible for subsidies or Medi-Cal. If so, the operator seamlessly transfers him or her to a regional call center — like the one on Fifth Street in Eureka — where local operators are waiting to help with enrollment in Medi-Cal and, if eligible, other state services. The system, which sees insurance companies, counties and the state working in partnership with state-of-the-art digital infrastructure, is designed to break down barriers, making it as easy as possible for folks to enter the system. "It's really a commitment for improved customer service — a commitment that there be no wrong door," explains Kathy Young, director of the Social Services Branch of the Humboldt County Department of Health and Human Services.

To demonstrate the no-wrong-door approach, Young tells one of her favorite stories. A local woman phoned the call center not long ago and was enrolled in Medi-Cal without any income verification tests — operators simply accessed her tax information electronically. Then, after she'd enrolled, the woman said she was with a relative from Sacramento who was also looking to sign up for Medi-Cal. The operator told her to put the relative on the phone, and signed her up with her local Sacramento office. The whole goal, as Young sees it, is to get as many eligible folks signed up as possible.

In Humboldt County, the need was great, with large numbers of people living without health insurance, according to Herrmann Spetzler, CEO of Open Door Community Health Centers. "Almost half of the people in our greater Humboldt Bay Area did not



bottom lines. “As a business, that’s not something we were able to sign on for,” Markle continues. “I tell patients, ‘equate it to your salary for the year. Would you be able to survive taking a 65 percent pay cut?’ The answer is always no.”

The situation directly impacts two types of patients. First, there are the newly insured who will be setting out to find a primary care doctor — their “medical home” — and will learn that the only major provider accepting their new insurance is the Open Door Community Health System. Then there are the patients who have long had a primary care doctor but switched to a cheaper Covered California plan, not realizing the Blue Cross or Blue Shield exchange alternative is decidedly different than the plan they gave up. It’s this second group that’s most frustrating for Markle, as she’s the one tasked with telling longtime patients that Eureka Family Practice won’t take their new insurance. “I’ve had patients in tears and patients who are really angry,” she says. “It’s been awful and I feel terrible for our patients who are put in this position of noncoverage, really.”

Charles Minton, a retired RN, said he was stunned when his wife recently enrolled in Covered California, looking to replace her existing catastrophic health insurance (which carries a \$15,000 deductible) with an option that was cheaper and covered more services. Minton says she was looking forward to finding her medical home but was turned away again and again as she approached local providers. “Getting it accepted is a whole new thing I hadn’t even thought of,” Minton says. “Everyone took Blue Cross before.”

Markle says there is a workaround that she’s informing patients of, but — she warns — it comes with some risk. If a patient sees a provider that isn’t contracted with one of the state exchange plans, he or she can pay out of pocket and then apply for reimbursement for “out-of-network coverage,” which the plans offer for care they deem reasonable and customary. “It’s then kind of at the whim of the claims processor as to what they deem reasonable and customary,” Markle says.

Spetzler of Open Door says you can’t blame local doctors for not accepting the plans. Local providers by and large are “darn good” people, Spetzler says, and are getting by on shrinking profit margins. But, he says, you have to feel for patients. “For the average person, it’s very confusing because



CASEY SCHUETZLE HOLDS THE SURFBOARD SHE HASN’T BEEN ABLE TO USE IN MONTHS.  
PHOTO BY GRANT SCOTT-GOFORTH

they think they have a Blue Cross card or a Blue Shield card, and they think they can go anywhere,” he says. “But the reality is darn few people are taking it.”

While the problem seems to be acute in Humboldt County, it’s not unique. With Covered California, the insurance companies knew there would be a demand for their products so they could afford to offer low reimbursement rates, figuring they’d offer providers low rates with the promise of scores of new patients. On the North Coast, where primary care docs are in high demand, the prospect of new patients doesn’t provide much incentive. The same is true with many specialty practices.

From a patient’s perspective, the situation can be rather daunting. For their part, Minton says he and his wife are currently holding onto her old plan and the new one from Covered California until they get a better idea of what’s going on. The hope, he says, is that something changes with the state plan. “It looked like a great deal, and it could be if people only took it.”



**Manila’s** Casey Schuetzle was an idea candidate for the Affordable Care Act: She’s 29, self-employed and had been uninsured since being kicked off her parents’ plan about five years ago. She’s also been dealing with a nasty shoulder problem that’s kept her out of the water and off her surfboard.

In response to an online *Journal* survey, Schuetzle raved about the Affordable Care Act: “The 2 months coming up to before I got my card have been the hardest for me physically,” she wrote. “But!!! I have it now, as we speak I’m in my car in SF to see a specialist and get the care I deserve — that everyone deserves. ... I get to be honest with the shoulder specialist and not have to worry about pre-existing conditions that will shut the door in my face.”

But when the *Journal* followed up with Schuetzle a couple of weeks later, her enthusiasm had turned to frustration. “Now that I’ve got insurance, there’s a whole new set of problems,” she says, explaining that she made the six-hour drive down to San Jose to see a shoulder specialist only to be turned away at the receptionist’s desk after learning that, while the doctor takes Anthem Blue Cross, he wouldn’t accept her Anthem Blue Cross. “I had no idea that I had to disclose I’m with Covered California,” she says. Finding an orthopedic surgeon that will accept her plan has been a nightmare. “Every time I call a freakin’ surgeon they say they take Anthem Blue Cross but they do not take it under Covered California,” she says.

Schuetzle’s frustration is partly balanced with the fact that her plan has worked well for her primary care and lowered her prescription costs. That’s because she was already a patient at Open Door, which is welcoming Covered California patients, according to its CEO Spetzler. “As far as I know,” he says, “Open Door was the only substantial provider pool that was willing to

accept these [Covered California] policies. For us, the reason is we were seeing these patients anyway before they had insurance.”

Open Door has a policy of not turning anyone away, Spetzler says, so it accepts payments on a sliding scale from the uninsured and, often, no payment at all. “So, now, if they come to us with any kind of coverage at all, we’re better than we were,” Spetzler says. But can Open Door alone keep up with the avalanche of demand that seems to be looming on the North Coast? Can it continue to be one of the county’s only large providers to accept Medi-Cal patients as thousands like Ehrlich join their ranks and all the county’s Covered California patients, like Schuetzle, come knocking?

“The biggest single issue on the North Coast is that the private sector primary care capacity has shrunk radically,” Spetzler says. Last year, Open Door’s centers saw 45,500 unique individuals, he says, a more than a thousand-patient increase from 2012 and 3,000 more than 2011. “We are bulging at the seams,” Spetzler continues, adding that Open Door will continue its policy of treating those in need and not turning people away. However, he says, there’s a push through the Affordable Care Act for patients to find their medical homes, primary physicians who can coordinate their care and serve as a point of entry for all their needs. Open Door can only provide that service to so many people. Spetzler estimates its Eureka facility is probably at capacity but centers in McKinleyville, Arcata and Willow Creek can probably take on some additional patients.

“We will make every accommodation for people,” he says. “We’ve always seen the people in Humboldt County who need to be seen.” But, Spetzler says, Humboldt County “needs a vibrant primary care group ... We really need to regroup and bring more providers into this community.”





**ABOVE** OPEN DOOR COMMUNITY HEALTH CENTERS' CEO HERRMANN SPETZLER. **LEFT** OPEN DOOR'S COMMUNITY HEALTH & WELLNESS CENTER IN EUREKA. PHOTOS BY HEIDI WALTERS

## It's pouring down rain

in McKinleyville, and Jude Ehrlich is huddling under a redwood tree in his front yard to stay dry. He's got nothing but good things to say about Obamacare and what it's done for him. If he'd waited to get that colonoscopy it likely would have been covered, and he wouldn't still be paying it off.

Looking out at the rain and patting his service dog, an energetic yellow lab named

Juliet, Ehrlich says the Affordable Care Act has been a ray of sunshine in an otherwise rough year. He's been looking for work since April, having decided that his computer repair business isn't worth the time as computer equipment keeps getting cheaper to buy and more costly to fix. People just throw away the broken stuff and replace it with something new, Ehrlich says.

But the job hunt has been tough. In total, he's applied for more than 200 positions, trying to get someone to pay him for everything from working the register at local gas stations to being a systems administrator at Humboldt State University. He's had no luck. Recently, he fell behind on his house payments, so he took out a loan against his car to catch up. While Ehrlich is working toward certifications to bolster his resume he's living on a thin margin. Stress is building. But, at least he can rest assured that he can break his leg or suffer some other unfortunate accident without the medical bills costing him his house. "I'm covered," he says. ●

*The North Coast Journal's Grant Scott-Goforth, Thadeus Greenson and Heidi Walters contributed to this report.*

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PHOTO BY KEN BURTON

# King of the World

## Hiking the King Range's Chemise Mountain

By Ken Burton

outdoors@northcoastjournal.com

**S**tands of manzanita and groves of knobcone and sugar pine grow within sight of the ocean. Redwoods are nearly absent. Golden eagles ride the thermals along the ridges, and you can find rattlesnakes right down to the edge of the beach. All this makes exploring the King Range National Conservation Area a unique experience in Humboldt County.

This, the nation's first national conservation area, is a 60,000-acre wilderness of former ranch and timberlands administered by the Bureau of Land Management. The range's position and topography combine to produce a climate very different from those of adjacent coastal areas. Because the prevailing summer winds are from the east-northeast instead of the west, coastal fog is kept

at bay (at ocean, really), so summer moisture is scarce, fire is frequent, and the range supports fire-adapted plant communities not found elsewhere so close to the coast.

When people imagine hiking in the KRNCA, thoughts often turn to multi-day slogs along the Lost Coast (timed to avoid high tides) or grueling, sun-baked mountain treks requiring car shuttles between trailheads on the King Crest. As the BLM's trail map puts it, "miles in the King Range do not come easy." However, if you're looking for something a little less challenging, there are several rewarding day hikes. Perhaps the easiest and most accessible is the one up Chemise Mountain in the southern part of the park. You barely even need to leave pavement to get to the trailhead.

The backbone of the hike is an inland portion of the Lost Coast Trail. You start at the Hidden Valley Trailhead in the valley of South Fork Bear Creek, a tributary of the Mattole River. A short distance out, the trail passes Hidden Valley, a lovely meadow complex where you sometimes can see Roosevelt elk, before climbing through a dense, gloomy, regen-

erating forest to a ridge. On the ridge, the forest is more mature and open; look for the rectangular excavations on tree trunks that mark the work of pileated woodpeckers. Eventually you come to a brushy gap with a spectacular vista of the ocean; linger here a bit and savor the view and the sunshine before reentering the forest.

Stumps and fire scars illustrate two major forces that have shaped the King Range landscape. In places you pass the skeletons of manzanita bushes that, after logging and subsequent fire suppression, were shaded out and killed by fast-growing Douglas-fir. It all makes you long to know what the area looked like originally.

Two miles from the start is a junction where you have a choice. The summit of Chemise Mountain is less than a mile ahead, but for a pleasant detour, turn left here and drop back down to Bear Creek. You'll notice an almost immediate change in the vegetation once you leave the wind-exposed ridge and enter the cool, moist canyon. Turn left again at the next junction to Nadelos Campground, which makes a

**Getting there:** Take Briceland Thorn/Shelter Cove Road from Redway 17 miles west. Turn left on Chemise Mountain Road and go ¼ mile to the trailhead access on the right.

**Roundtrip hike length:** 5 miles with neither loop, 7 miles with campground loop, 8 miles with Chinquapin loop, 10 miles with both loops.

No fee and no bicycles. Dogs must be under voice control and restrooms are available in the campground.

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great base for exploring the area. With eight secluded walk-in sites. A nature trail follows the creek upstream (to the right) a short distance; interpretive signs discuss the lives of the Mattole and Sinkyone tribes, who inhabited the area prior to the arrival of whites.

Follow the signs for Chemise Mountain, passing the first two junctions on the way. A short spur trail takes you to an overlook at the summit where you have a 180° view east across the Mattole and Eel valleys all the way to the Yolla Bolly-Middle Eel Wilderness. Marijuana nurseries on private lands dot the hills below you. A bench here makes this a fine lunch spot.

If you're up for more walking before heading back, continue a short distance along the ridge to the Chiquapin Loop, named for an oak that grows locally. Turn right and follow the trail down the coastal side of the ridge with frequent views of the ocean, crossing several small streams, passing a primitive campsite, and actually dipping into Mendocino County before returning to the Lost Coast Trail.

Be forewarned: Your first hike in the King Range is likely to whet your appetite for more. Despite — or perhaps because of — the distance and the challenges, you'll find yourself drawn back again and again. Like many of the range's trails themselves, it's a slippery slope. ●

*Ken Burton is co-writing Hiking Humboldt, to be published next year.*



MULCHING WITH WOOD CHIPS.  
PHOTO COURTESY OF GENEVIEVE SCHMIDT

# March To-Do List

By Genevieve Schmidt

downanddirty@northcoastjournal.com

**T**he dry weather through much of winter has allowed energetic gardeners to get out and complete most of the obvious gardening tasks, but there's still plenty to do in March. A few final pruning jobs put the wrap on last year's growing season, and then we get to look forward by preventing spring weeds, protecting against snails and slugs, and dividing grasses and perennials so they can perform their best in years to come. Here's what to do in March.

**Prune frost-tender plants.** Many plants such as Angel's trumpet (*Brugmansia* or *Datura*), Mexican bush sage (*Salvia leucantha*), ornamental banana trees (*Musa*), citrus of all kinds, and some types of fuchsia either turned to mush or developed

sad burnt-looking foliage in response to the cold stretches this winter. If you left the old foliage on to protect the buds or other parts of the plant that may not have frozen, that was smart! But by late March, I find that most of our frosty nights carry less power than the ones in December and January, and it's usually safe to prune these frost-tender plants to remove the damaged stems and foliage and give the plants a clean slate from which to emerge.

**Regenerate overgrown rhododendrons.** While most rhododendrons are perfectly happy with only periodic pruning to improve shape or remove dead wood, sometimes even the most beautiful rhody can overgrow its space. When this happens, most varieties can tolerate being pruned to nothing but

bare branches in order to bring the plant down to a more appropriate size. Rhododendrons come back from pruning to bare wood because they have what's called latent buds: whorls of pinhead-sized green or brown buds which stick out through the bark and push out new growth when the rhododendron is pruned. Rhodies produce new growth most effectively during and just after that spring bloom, so the best time to prune is either before they flower or just as blossoms are starting to fade.

**Topdress garden beds with wood mulch.**

If winter rains have broken down or washed away your mulch, this is your best opportunity to reapply before everything begins growing so exuberantly that you can no longer navigate your wheelbarrow through the beds. Wood mulch, of course, is the most effective technique out there for reducing the amount of weeds that come up in your garden beds, because it works in two ways: by smothering any existing weed seeds that are lying dormant under the soil surface, and by creating an inhospitable sprouting environment for any new weed seeds that may blow in. The caveat is that you need to use at least three inches of mulch and lay it down over a smooth soil surface in order to get the best benefits, and you can't use mulch in areas where you have reseeding annuals or biennials.

**Apply corn gluten to lawns to prevent weeds.** If you are trying to avoid using chemical herbicides such as 2,4-D, yet still want a lawn free of weeds, now's the time to use a corn gluten product as a preventive or pre-emergent herbicide to prevent new weeds from coming up this year. While corn gluten won't kill any weeds that are already in

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# DOWN AND DIRTY

continued from previous page

your lawn, it forms an invisible barrier which prevents any new seeds from sprouting. That said, don't use corn gluten if you intend to add new grass seed to your lawn over the next six months, as it isn't picky about which seeds it blocks from sprouting. For existing weeds with a taproot like dandelion and dock, a standing weeder such as the Fiskars UpRoot weeder works like a charm.

**Take protective measures against snails and slugs.** The easiest organic method for protecting susceptible plants such as hostas, dahlias, and vegetable starts from damage is to use organic iron phosphate bait. Make sure you scatter it around those plants you want to protect, as well as near any areas where the slugs and snails may be hiding, such as within the foliage of lily of the Nile (*Agapanthus*), gold dust plant (*Aucuba*), or in any areas of the garden that have piles of debris or stacked wood for them to take shelter. Never place the bait in piles, because even though it is safe for pets when used as directed, any animal can get iron poisoning if they eat enough of it.

**Divide late-blooming perennials and ornamental grasses.** Most varieties of perennial and ornamental grass grow in ever-widening clumps. This is great for a while, but at a certain point they outgrow their

space and can even die out in the center if left unmaintained. To prevent this, plan to divide any too-large clumps every three to five years. Start by lifting the plant out of the ground with a sharp shovel. If the plant has fleshy, bulbous roots, tease them apart with your hands and a garden fork until you've divided the plant into three to four smaller plants. If the plant has a more dense, fibrous root system, use the serrated side of your soil knife or an old saw to slice the base of the plant and the root system into sections. Now's the time to divide chrysanthemum and asters, bellflower (*Campanula*), canna, hardy cranesbill (*Geranium*), hosta, yarrow, sweet flag (*Acorus*), Japanese forest grass (*Hakonechloa*), maiden grass (*Miscanthus*), and fountain grass (*Pennisetum*).

**Apply John and Bob's Soil Optimizer.** The gardening world has its share of snake oil salesman, and having been in the business for so many years, I'm naturally suspicious of any product that claims to improve growth conditions in some vague way. However, after seeing no fewer than four different locals with terrible, horrible, no good, very bad soil growing lush plants that should've been chlorotic or dead and attributing this product to their results, I've

come around to being a fan. If your garden isn't doing what you think it should, and you're not entirely sure what's wrong but suspect a problem with the soil, this humic acid treatment helps to make the nutrients in the soil more available to the plants, increases the activity of beneficial microbes and mycorrhizal fungi, and coats the soil particles to naturally aerate the ground. Apply to troubled areas of the garden in spring so the rain can water it in.

**Plant potatoes.** Seed potatoes have begun arriving in the nurseries. Choose from red, gold, or baking potatoes, or try something different by growing fingerlings or varieties that have purple flesh. To plant, prepare a garden bed by loosening the soil and adding plenty of organic matter such as compost. Avoid using fresh manure, as it can activate the "scab" pathogen which causes a rough texture on the skin. Dig a shallow trench six to eight inches deep, place potatoes a foot apart, and cover the plants with three to four inches of soil. Once the plants reach 10 inches tall, cover the plants' stems by raking soil up and around from both sides. This encourages the plants to produce additional roots, which means more potatoes at harvest time.

**Browse the rhododendrons.** If you

wanted to add a new rhody to your garden, you could in theory look at photographs online, make a responsible decision based on what you have room for in your garden, and call your order into the nursery. However, plant geeks know that the best gardens leave a little room for serendipity, which is to say impulse purchases. And what a perfectly delicious season for impulse purchases it is. From now through the end of May, rhododendrons are blooming in an array of hues from the deepest burgundy to creamy beige, flaming orange, yellow and red, and rich shades of purple. The flower shapes vary too, with drooping trumpets, neatly rounded clusters and cheeky frizzled starbursts covering the plants. If you are still thinking of rhododendrons as having gangly habits, unattractive foliage, and boring flowers in shades of pink, pink and more pink, you really need to check out what's new in the rhododendron world, because modern varieties bear little resemblance to those sorry parking-lot specimens of old. ●

*Genevieve Schmidt is a landscape designer and owns a fine landscape maintenance company in Arcata. She blogs over at [www.NorthCoastGardening.com](http://www.NorthCoastGardening.com).*

◀ continued from previous page

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## Around Humboldt County

Photos by Bob Doran

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## HEY, MCGUINTY!

# Hide Me!

Scruffy boyfriends and spineless pals

By Jessica McGuinty



Even more McGuinty advice is online at [northcoastjournal.com](http://northcoastjournal.com)

## Hey McGuinty!

My boyfriend is rather rough around the edges — more like jagged. He's like this wild mountain guy with a crazy beard and an illegitimate income, if you know what I mean. He's great and all — sweet, strong and attentive, and we have fun together. But I'm afraid we won't ever be serious because I can't see myself settling with this person. It's fine for now because he's great companionship.

My mom is coming to visit next month, and I'm hesitant about introducing them since she really prefers clean-cut people. I don't live with my boyfriend or talk to her about him much, so she's ignorant to his leading role in my life. My boyfriend knows she's coming to visit and hasn't directly expressed interest in meeting her, so I don't even know if I should bring it up.

I don't want to hurt my boyfriend's feelings, but if neither of them is pressing to meet the other one, then it seems easier to not introduce them, right?

I am in my 30s. We've been together-ish for about eight months, and honestly, I have a hard time being seen with him around the neighborhood, too. I'm not just worried about what my mom thinks.

What says McGuinty?

— *Undecided Daughter*

### UNDECIDED!

I know you're asking me to give it to you straight, so I'm going to, even if I find it uncomfortable.

You're just not that into your boyfriend. You're making this about whether or not to introduce him to your mom, but the message between the lines is that you're ... well, kind of embarrassed by him. Hell, that's not even between the lines — you say that you don't see yourself "settling" with him and that you don't want to be seen with him. You say it's fine "for now" because you have a good time together, but that's not reason enough to endure the awkwardness that will surely be the mom meeting. If neither has shown an interest in meeting the other,

assume that will remain the case during the visit. If either asks, you could use it as a jumping off point to have the "I'm not sure where this is going" conversation, or just say you'd rather keep your mom to yourself during this visit and leave it there. It sounds like the rest will work itself out eventually.

## Hey McGuinty!

An old college friend from over 20 years ago has a boyfriend who is so jealous that she is not allowed to hang out with me. We have always been just friends and nothing more. She sneaks out to see me, but I feel a little hurt due to her unwillingness to stand up to him regarding our friendship. I feel unimportant when I hang with her, like I'm disposable. I am considering not being her friend anymore. What should I do?

— *Disposable Dude*

### DISPOSABLE!

Well this just sucks, doesn't it? You've known her longer than he has, but you're the one being pushed aside. Unfortunately, jealousy does that. The dynamic of your friendship is clearly hurting you, and that is entirely not the point of friendship. Friends are supposed to lift you up and make you feel good. Sure, there are bumps in the road, but brother, you've hit a straight-up roadblock if you're using terms like "disposable." It sounds like cutting her off until she can do her duty as a friend and stand up for you will make you feel better about yourself in the end, difficult though the process may be. ●

Jessica McGuinty, founder of *Jessicurl* and master of the joyful laugh, doesn't really think she has all the answers — but she'll give it a try. Write her at [hey-mcguinty@northcoastjournal.com](mailto:hey-mcguinty@northcoastjournal.com).



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## TABLE TALK



TAKE THAT, KALE CHIPS. PHOTO BY JENNIFER FUMIKO CAHILL

# Don't Get All Mushy

## Serving up cabbage in the raw

By Jennifer Fumiko Cahill

tabletalk@northcoastjournal.com

**H**aven't you had enough mixed spring salad from a tub? You need to see other vegetables. Winter cabbage is so sweet and crisp raw, but come St. Patrick's Day we'll be boiling the blarney out of it with corned beef. Even summer's coleslaws, tasty as they are, tend to cover up the flavor of the cabbage itself. If you've got a good knife and a couple of Japanese ingredients in your kitchen, you have some nice wilt-free options that don't require actual cooking and let the taste and crunch of fresh cabbage shine through.

One is to slice it as finely as possible and serve it next to something that could use a little lightening, like the fried pork katsu that always comes with a nest of cabbage in Japanese restaurants. It's lovely with a small dollop of mayonnaise and soy sauce on the side, or a splash of ponzu sauce. Just go slowly when you're cutting and watch your fingers — my grandmother could speed along with her cleaver like a machine, tap-tap-tapping away until she'd made a great pile of pale green hay, but she was a ringer.

### Cabbage with Miso Dip

This works as a crudité option when you can't bear to look at another spread of carrot sticks and celery. In Japan, people love it as snack with a beer, too. Serves 4.

#### Ingredients and method

- ½ head of green cabbage
- ⅓ cup white or brown miso
- 1 teaspoon soy sauce

- 1 teaspoon mirin
- ¼ teaspoon red chili paste or Sriracha sauce (optional)

Mix the soy sauce and mirin into the miso and adjust to taste — the saltiness of miso varies, so keep tasting and adding as needed. If you don't have mirin, a teaspoon of sake and a pinch of sugar will work. Add chili paste or sauce if desired. It should look like soft peanut butter.

Wash and core the cabbage, then cut it into 2-inch chunks. Separate the pieces like chips for dipping. Serve.

### Ramen Shop Cabbage Salad

Let's be real — most of us would eat lawn trimmings with sesame oil drizzled over them, so this dressing is an easy win with cabbage or other raw greens. If you have some firm tofu, leftover roast pork or chicken, toss it on top. Serves 4.

#### Ingredients and method:

- ½ head of green cabbage
- ¼ cup soy sauce
- 3 tablespoons sesame oil
- 2 tablespoons rice vinegar
- 1 teaspoon brown sugar
- 1 tablespoon roasted sesame seeds
- 2 green onions, chopped finely

Roughly chop the cabbage into 1-inch chunks and toss in a salad bowl to separate the pieces. Mix the soy, sesame oil, vinegar and brown sugar together until they emulsify. Drizzle the dressing over the cabbage, sprinkle on the green onions and sesame seeds and serve. ●

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## ARCATA + NORTH

EUREKA + SOUTH ON NEXT PAGE ►

venue	thur 3/6	fri 3/7	sat 3/8	sun 3/9	m-t-w 3/10-12
<b>THE ALIBI</b> 744 Ninth St., Arcata 822-3731			Nighttrain and PonyKiller (punk) 11pm \$5		
<b>ARCATA PLAYHOUSE</b> 1251 Ninth St., 822-1575		Melody Walker and Jacob Groopman (folk) 8pm \$15			
<b>ARCATA THEATRE LOUNGE</b> 1036 G St., 822-1220	Elephant Revival, T Sisters (folk) 8:30pm \$15	Tank Girl 8pm (\$5)	Ocean Night w/Deeper Shade of Blue 6:30pm \$3	Mulan 6pm \$5, All Ages	[W] Sci-Fi Night w/Troll 2 6pm Free w/\$5 food/bev, All Ages
<b>BLONDIES</b> 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free			Jazz Night 7pm Free	[M] Quiz Night 7pm Free, [W] Buddy Reed (acoustic blues) 6pm Free
<b>BLUE LAKE CASINO WAVE LOUNGE</b> 777 Casino Way, 668-9770	Karaoke w/KJ Leonard 8pm Free	Element of Soul (reggae) 9pm Free	Dr. Squid (dance) 9pm Free Sapphire: Music for Healing (benefit) Noon Free	Karaoke w/KJ Leonard 8pm Free	
<b>CAFE MOKKA</b> 495 J St., Arcata 822-2228			The Ethniks (international) 8pm Free		
<b>CENTRAL STATION</b> 839-2013 1631 Central Ave., McKinleyville	Karaoke w/William Barnhart 9pm Free	Jimi Jeff and the Gypsy Band (funk) 9pm Free			[W] Open Mic w/Jimi Jeff 8pm Free
<b>CHER-AE HEIGHTS CASINO FIREWATER LOUNGE</b> 27 Scenic Drive, Trinidad 677-3611	S.I.N. & Service w/Accurate Productions DJs 9pm Free	Ballroom: Tony Orlando 8pm \$49. Firewater: Roadmasters (country) 9pm Free	The Roadmasters (country) 9pm Free	Karaoke w/Chris Clay 8pm Free	[T] Karaoke w/Chris Clay 8pm Free
<b>CLAM BEACH INN</b> 839-0545 4611 Central Ave., McKinleyville		Kindred Spirits (bluegrass) 10pm Free			[W] Blues Explosion (open jam) 8:30pm Free
<b>CRUSH</b> 1101 H St. #3, Arcata 825-0390					[T] Game Night 5pm Free
<b>THE FORKS</b> (530) 629-2679 38998 Hwy 299, Willow Creek	Jimi Jeff's Open Jam 8:30pm				
<b>HUMBOLDT BREWS</b> 826-2739 856 10th St., Arcata		Pawns of Comedy w/Brendan Lynch (standup) 9pm \$7	HSU Cent. Beer Showcase 7pm Free entry		[T] Adventure Tribe (DJs) 9pm \$5
<b>HUMBOLDT STATE UNIVERSITY</b> 1 Harpst St., Arcata 826-3928	Wynton Marsalis (jazz) Van Duzer 8pm \$65, \$25 Spinning into Butter Gist Theatre 7:30pm \$10, \$8	Spinning into Butter Gist Theatre 7:30pm \$10, \$8	Fulkerson: Orchestra Slam 8pm \$8, Free to HSU students Spinning into Butter Gist Theatre 7:30pm \$10, \$8	Spinning into Butter Gist Theatre 2pm \$10, \$8	
<b>JAMBALAYA</b> 915 H St., Arcata 822-4766	Sound Culture (DJs) 9pm Price TBA	Naive Melodies (Talking Heads covers) 9pm Price TBA	Mark Snipes (hip-hop) 9pm Price TBA	DGS Sundaze (EDM DJs) 9pm \$5	[T] Savage Henry Open Mic Comedy 9pm \$3, [W] Whomp (DJs) 9:30pm \$5

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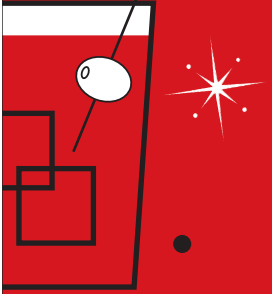
venue	thur 3/6	fri 3/7	sat 3/8	sun 3/9	m-t-w 3/10-12
LARRUPIN CAFE 677-0230 1658 Patrick's Point Dr., Trinidad					[W] Aber Miller (jazz) 6pm Free
LIBATION 761 Eighth St., Arcata 825-7596		Claire Bent, Dan Fair, Brian Hennessy (jazz) 7pm Free	Randles, LaBolle and Amirkhan (jazz) 7pm Free		[T] Buddy Reed (blues) 7pm Free
LIGHTHOUSE GRILL 677-0077 355 Main St., Trinidad				Tim Breed (acoustic) 5pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	Papa Howley and the Fleas (rock) 9pm Free	Rooster McClintock (honky tonk) 9pm Free	Wurleybird (electro-soul) 9pm Free	Potluck (food) 6pm Free	[W] Jeff Landen (slide guitar) 8pm Free
MAD RIVER BREWERY 668-5680 101 Taylor Way, Blue Lake	Sound Judgment (rock) 6pm Free	Pat Holland (acoustic) 6pm Free	Joe Garceau (acoustic) 6pm Free		[T] Dogbone (feral jazz) 6pm Free [W] Piet Dalmolen (jazz) 6pm Free
MOONSTONE CROSSING 529 Trinity St., Trinidad 845-5492				Otto Knowbetter (jazz) 4pm Free	
MOSGO'S 826-1195 2461 Alliance Road, Arcata			Bradley Dean (rock/country) 4pm Free		
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					[M] Dancehall Mondayz w/Rude Lion 9pm \$5
PORTUGUESE HALL 822-9521 1185 11th St., Arcata			Animal Carnival benefit (DJs, perfor- mances, costumes) 8pm \$20, \$30		
REDWOOD CURTAIN BREW 550 South G St. #6, Arcata 826-7222	Raising Grain (bluegrass) 8pm Free	Kingfoot (Americana) 8pm Free	Anna Hamilton (vocals) 8pm Free		[W] Pints for Non-Profits (HSU Vets) Mo & Morgan Hollis 3pm
ROBERT GOODMAN WINES 937 10th St., Arcata 826-9463	Roots & Culture Reggae 9pm Free	Salsa! (lessons + dance) 10pm \$5	Rocksteady w/DJ Rotten 9pm Free	Float Forward (exp. rock) 9pm Free	[W] Salsa! (lessons + dance) 9pm \$5
SIDELINES 732 Ninth St., Arcata 822-0919	Rude Lion Sound (DJ) 10pm \$2	DJ Music 10pm \$2	Sidelines Saturdays w/Rude Lion 10pm \$2		
SILVER LINING 839-0304 3561 Boeing Ave., McKinleyville		Dale Winget (acoustic) 6pm Free	Good & Evil Twins Karaoke 8pm Free		[T] Good & Evil Twins Karaoke 8pm Free
SIX RIVERS BREWERY Central Ave., McK 839-7580	Speed Dating (40-50) 7pm \$25 Kev and Dee (jazz) 9pm Free		Band Behind Your Hedge (rock) 9pm Free	Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8pm Free [T] Sunny Brae Jazz 8pm Free
SUSHI SPOT 839-1222 1552 City Center Road, McK					[M] Aber Miller (jazz) 5pm Free
TOBY & JACKS 764 Ninth St., Arcata 822-4198		DJ Itchie Fingaz (glitch/hip-hop) 9pm Free	DJ Music 10pm Free		[W] Reggae Wednesdayz w/Rude Lion 10pm Free



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## EUREKA + SOUTH

◀ ARCATA + NORTH ON PREVIOUS PAGE

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<b>BAR-FLY PUB</b> 91 Commercial St., Eureka 443-3770		Bar-Fly Karaoke 9pm Free			[W] Bar-Fly Karaoke 9pm Free
<b>BEAR RIVER CASINO</b> 733-9644 11 Bear Paws Way, Loleta	Karaoke w/Chris Clay 8pm Free	Dr. Squid (dance hits) 9pm Free	Swinging Country (country) 9pm Free	Accurate Productions (DJs) 8pm Free	
<b>CECIL'S BISTRO</b> 923-7007 773 Redwood Drive, Garberville		Gary Stewart (guitar) 7:30pm Free	Twango (country) 7:30 Free		
<b>CHAPALA CAFÉ</b> 201 Second St., Eureka 443-9514		The Tumbleweeds (cowboy) 6-8pm Free	The Tumbleweeds (cowboy) 6-8pm Free		[W] Music from the Andes 5pm Free
<b>CUTTEN INN</b> 445-9217 3980 Walnut Drive, Eureka					[T] Dale Winget (acoustic) 6pm Free
<b>EUREKA INN</b> <b>PALM LOUNGE</b> 518 Seventh St. 497-6093	Latin Night 9pm Free	Pressure Anya Shuffle Dance Party (DJs) 9pm Free	The Trouble and The Desert Line (Americana) 9pm \$5		[M] Electric Gravy (improv synth) 9pm Free [T] USGGO (jazz) 8pm Free, The Evangenitals, Hollow Down (Americana/punk) 9pm Free [W] Open Mic Jam 9pm Free
<b>EUREKA THEATER</b> 612 F St., 845-8795			House of Floyd (Pink Floyd tribute) 8pm \$25		
<b>GALLAGHER'S IRISH PUB</b> 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Celtic) 7pm Free	Papa Paul (folk) 7pm Free	Cheryl (acoustic) 7pm Free		
<b>INK ANNEX</b> 442-8413 47B w. Third St., Eureka			Every Hand Betrayed, AKU, et al. (metal) 7pm \$7	The Vagina Dialogues (theater) 6pm Free	
<b>LIL' RED LION</b> 1506 Fifth St., Eureka 444-1344			Lowfill (metal) 8:30pm Free		
<b>MATEEL COMMUNITY CTR.</b> 59 Rusk Lane, Redway 923-3368	Blood, Sweat and Bass (DJs) 7pm \$20	Comedy Cabaret w/Rodger Lizaola, Carlos Rodriguez 8pm \$10			
<b>MONDAY CLUB</b> 610 Main St., Fortuna 725-7572			The Babes (choral) 7:30pm \$10, \$8		



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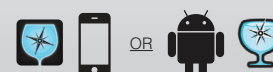
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<b>OLD TOWN COFFEE &amp; CHOC.</b> 211 F St., Eureka 445-8600			Jenni & David and the Sweet Soul Band (funky blues) 7pm Free	Kevin Schlereth, Foxhollow Everyday and Fragile Bluebird (folk, etc.) 5pm Free	[W] Open Mic w/Mike Anderson 7pm Free
<b>PEARL LOUNGE</b> 507 Second St., Eureka 444-2017		D'Vinity (DJ) 10pm Free	Itchie Fingaz (DJ) 10pm Free		
<b>RED LION HOTEL</b> <b>R.J. GRIN'S LOUNGE</b> 1929 Fourth St., Eureka 445-0844			Karaoke w/Chris Clay 9pm Free, 21+		
<b>SCOTIA INN PUB</b> 764-5338 100 Main St., Scotia		David Fouche (folk) 6pm Free	Soulful Sidekicks (folk) 6pm Free		
<b>SHAMUS T BONES</b> 407-3550 191 Truesdale St., Eureka	Falling Rocks (country) 7pm Free				[M]T-Bone Shuffle Open Mic Jam w/ Jim Lahman Band 7pm Free
<b>THE SHANTY</b> 444-2053 213 Third St., Eureka				Swan Sunday (eclectic and request) 8:30pm Free	
<b>THE SIREN'S SONG TAVERN</b> 325 Second St., Eureka 442-8778		Biscuits and Gravy (open mic and new wave) 9pm Free	Ginger Grae and Companion Animal (rock) 8pm Free	Paranormal Puppet Show 5:45pm Free	[M] Sessions w/ V Tribe (DJs) 8pm Free
<b>THE SPEAKEASY</b> 411 Opera Alley, Eureka 444-2244		Aber and Co. 8:30pm Free	TBA 10pm Free		[M] Anna Hamilton (blues) 7pm Free [T] Opera Alley Cats 7:30pm Free (jazz) [W] No Covers & Friends (jazz) 7:00pm Free

**WHO:** Elephant Revival  
**WHEN:** Thursday, March 6 at 8:30 p.m.  
**WHERE:** Arcata Theatre Lounge  
**TICKETS:** \$15



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**WHO:** Melody Walker and Jacob Groopman  
**WHEN:** Friday, March 7 at 7:30 p.m.  
**WHERE:** Arcata Playhouse  
**TICKETS:** \$15, \$13 members

# Grass

## Beauty, Beasts and Belles

**By Jennifer Savage**  
 thesetlist@northcoastjournal.com

**M**arch came in with rainbows — yay! — more a unicorn than the proverbial lion. How the month goes out remains to be seen, but how *you* go out is more easily determined — as the days grow incrementally longer, so your opportunities for entertainment expand. In this week's Setlist, we present you options both wild and subtle.

### Thursday — Get big

**Elephant Revival** and **The T Sisters** perform Thursday at the Arcata Theatre Lounge. The five members of Elephant Revival claim a deep commitment to certain ideals: community, recognizing one's place in the flow of the natural world, harmony. These standards influence the band's blend of folk music, making it an uplifting favorite at festivals, including Telluride Bluegrass, Vancouver Folk Festival and Old Settlers. Take the song "Remembering a Beginning," in which multi-instrumentalist Bonnie Paine sings of the unity of all things: "There's a fire burning, in the middle of this turning/Wild and yearning/For everything,

for everything/Remains inside, these changing skies/Through waves in time/Remembering." The changing skies, we're told, remind listeners that, while the very stuff of the universe remains, everything is always unfolding, expanding and contracting, ebbing and flowing — changing. "If we could remember that we are all varying expressions of the same living thing," says Paine, "maybe we would have less interpersonal and environmental struggle."

The T Sisters are a family band out of the Bay Area whose throwback aesthetics range from the Andrews Sisters and 1960s girl-groups to the sirens from the film *O Brother, Where Art Thou?* Anchored by diverse influences spanning folk, country, gospel, klezmer and early '90s R&B, the T Sisters notably provided supporting vocals for Grammy-winning musician Laurie Lewis on the stage of San Francisco's most recent Hardly Strictly Bluegrass Festival.

Doors opens at 8:30 p.m., cost is \$15 with advanced tickets available at Wildberries Marketplace, Peoples Records, The Works, the ATL and ATL online and it's 21 and over.

### Thursday — Get cozy

Or you could take advantage of "Date Night" at Six Rivers Brewery, which in addition to pizza and beer specials, features **Kevin Danel** and **Dee Hemingway** crooning Motown and soul.

### Friday — New folk

Speaking of Laurie Lewis, she's producing an album by folk-grass duo **Melody Walker** and **Jacob Groopman**, who return to the Arcata Playhouse on Friday night for their official Humboldt CD release party for their new release, *We Made It Home*. Before meeting in Northern California, Walker and Groopman both grew up surrounded by sound. Walker was the daughter of a blue collar songwriter father and grew up listening to everything from the Beatles to Bill Monroe. After studying percussion and voice at HSU and in India and Brazil, she co-founded the women's world fusion a cappella group **AkaBella**. Originally from Richmond, Virg. with Appalachian musical ancestry, Groopman fell hard for his first love, rock 'n' roll, but it was the West Coast stylings of Jerry Garcia and the Grateful Dead that turned him onto American folk music. He studied jazz guitar at Oberlin College, dabbling in jug band music before moving to the San Francisco Bay Area and jumping into the local bluegrass scene. Before teaming up with Walker, Groopman toured extensively with the Afrobeat band **Albino!** and country-rockers **The Real Nasty**. **Lauren Norgeot** (also formerly of **AkaBella**) opens the show with a set of her originals.

Show starts at 8 p.m., doors open at 7:30 p.m. Tickets are \$13 for students and members, \$15 general, and available at [arcataplayhouse.org](http://arcataplayhouse.org).

### Friday — Old folk

Or you can go see the legendary **Tony Orlando** ("Tie a Yellow Ribbon...") at Cher-ae Heights Casino. Tickets are \$39, doors open at 7 p.m., show starts at 8 p.m.

### Saturday — Beasts

Two Wandering Bears and Venatore Media present **The Fourth Annual Animal Carnival**, with all proceeds supporting the Open Door Clinic's Literacy Program and Humboldt County's Godwit Days. Organizers describe the menagerie thus: "For four years now, the animal party has entertained catfish, coyotes, crocodiles and caterpillars from all over the world. We have had car fires and donkeys, naked belt-wielding freshman university sloths and fire-spinning parrots. We had pink flamingos twerking and polar bears dancing on stilts. We had a large tuna fish take us to the early morning last year and, my God, mammals, it was good." The Portuguese Hall will be divided into

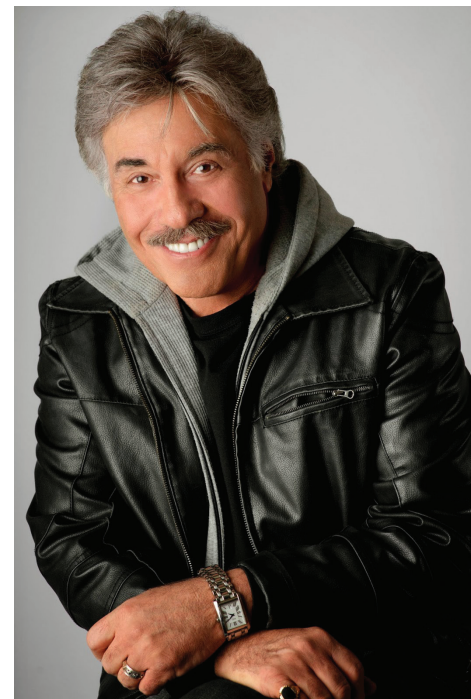
two separate rooms. In the jungle room, hear local bombastic boogie beats with **Psy Fi**, **Wu Wei**, **Pressure Anya**, **Treemeista**, **ONHELL**, **G.I.R** and **Rhizae**. Meanwhile, the Carnival Room will keep your membranes blinking and your scales vibrating with the **The Fungineers Puppet DJ Set**, **DJ Dirtbag** and **Kelley Mak**, **SambAmore Arcata**, and **The Black Cat Comedy** with **Ivy The Panther Vasquez**. Additional performances throughout the night by **Humboldt Circus** and **The Redwood Rings Hoop**. Tickets are \$20 presale at The Works and People's Records and \$30 at the door. This is an 18-and-over event. No costume, no entry. 8 p.m.

### Saturday — Beauty

If you prefer a night out sans animal attire, please note that the Fortuna Concert Series welcomes back **The Babes**, a choral group started 20 years ago as an outgrowth of the Humboldt Light Opera Co. The Babes guarantee an eclectic mix of songs from folk to jazz, serious to seriously funny. This all happens at the Fortuna Monday Club. Tickets are \$10 general/\$8 students and seniors, and available at the door, which opens at 6:45 p.m.

### Etc.

Full show listings in the *Journal's* Music and More grid, the Eight Days a Week calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to [music@northcoastjournal.com](mailto:music@northcoastjournal.com). ●



**WHO:** Tony Orlando  
**WHEN:** Friday, March 7 at 7 p.m.  
**WHERE:** Cher-ae Heights Casino  
**TICKETS:** \$39

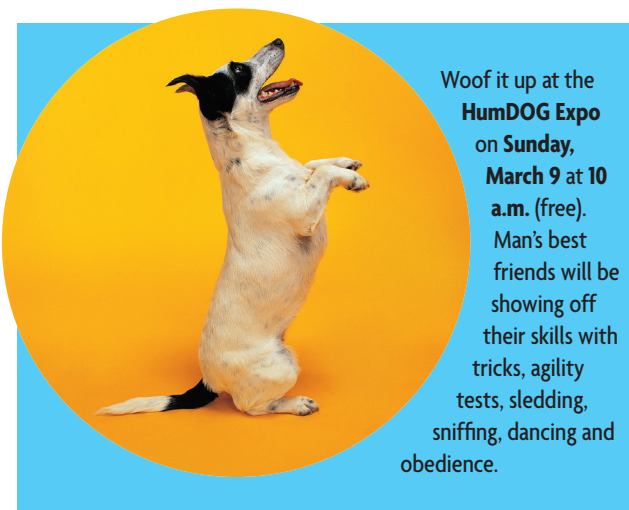


The **Eureka Theater** simultaneously recalls the glory days of Pink Floyd and the glory days of laser light tribute shows. **The Pink Floyd**

**Concert Experience** and its inflatable pig blow up **Saturday, March 8 at 8 p.m.** (\$25) with House of Floyd.



Woof it up at the **HumDOG Expo** on **Sunday, March 9 at 10 a.m.** (free). Man's best friends will be showing off their skills with tricks, agility tests, sledding, sniffing, dancing and obedience.



Clear out the closets and score some new duds for the little ones. Just bundle up the adorable outfits your kids have outgrown and bring them to the **Children's Clothing Swap** at **Redwood Raks** on **Friday, March 7 at 3:30 p.m.** (free).



# 8 DAYS A WEEK

## 6 thursday

### LECTURE

**Ecology Talk.** 5:30 p.m. Science Building B, Room 135, Humboldt State University, Arcata. The Sustainable Futures Speaker Series presents "Geologic Analogs to Future Global Change" by Richard Norris of the Scripps Institution of Oceanography. Free. [serc@humboldt.edu](mailto:serc@humboldt.edu). 826-4345.

### MOVIES

**Latino Film Festival.** 6 p.m. Minor Theatre, 1013 H Street, Arcata. Humboldt State University and College of the Redwoods present three films from Chile and guest speaker Gladys Ilarregui. \$10 general, \$6 students and seniors. [humboldt.edu](mailto:humboldt.edu). 826-5105.

**Things We Don't Talk About: Women's Stories From the Red Tent.** 6 p.m. Tracy's Yurt, 167 Cookhouse Spring Lane, Fieldbrook. Let's come together as a strong community of women celebrating what it means to be a woman! Join us for a viewing of the movie by a red tent circle inside a cozy yurt. \$10. [peacefulbirthing@aol.com](mailto:peacefulbirthing@aol.com). 825-3130.

### MUSIC

**Wynton Marsalis and the Lincoln Center Jazz Orchestra.** 8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Grammy-winning jazz legend Marsalis leads 17 of the world's top jazz soloists playing original compositions works by Ellington, Mingus and Coltrane. \$65, \$25 HSU students. [carts@humboldt.edu](mailto:carts@humboldt.edu). 826-3928.

### THEATER

**Little Shop of Horrors.** 7:30 p.m. Eureka High School Auditorium, 1915 J St. The Eureka High School Players present the cult classic musical about man-eating plants, true love and sadistic dentists. \$8, \$5 students. [vossn@eurekacityschoools.org](mailto:vossn@eurekacityschoools.org). [www.ehsplayers.com](http://www.ehsplayers.com). 441-1735.

**Making God Laugh.** 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. Sean Grennan's comedy about a

family over the span of four decades in four scenes. \$20, \$15 matinee.

**Spinning into Butter.** 7:30 p.m. Gist Hall Theatre, Humboldt State University, Arcata. Rebecca Gilman's award-winning play about unconscious bias, directed by Cassandra Hesseltine. \$10, \$8 students. 826-3928.

### EVENTS

**Criminal Justice Dialogue.** 9 a.m. Behavioral and Social Sciences Building, Humboldt State University, Arcata. Discussion topics include resistance to the prison industrial complex, zero tolerance and more. Free. [hsusocclub@gmail.com](mailto:hsusocclub@gmail.com).

### FOR KIDS

**Young Discoverers.** 10:30 a.m. Discovery Museum, 501 Third St., Eureka. Stories, crafts, songs and dance for children ages 3-5. Space is limited, so call ahead. \$2. [info@discovery-museum.org](mailto:info@discovery-museum.org). [discovery-museum.org](http://discovery-museum.org). 443-9694.

### MEETINGS

**Enrollment Information Night.** 6 p.m. Fuente Nueva Charter School, 1897 S St., Arcata. Learn about the kindergarten through fifth grade Spanish immersion program. Free. [fuentenueva@humboldt.k12.ca.us](mailto:fuentenueva@humboldt.k12.ca.us). [humboldt.k12.ca.us/fuentenueva](http://humboldt.k12.ca.us/fuentenueva). 822-3348.

**Human Rights Commission.** First Thursday of every month, 5 p.m. County Courthouse, 825 Fifth St., Eureka. This month's agenda includes the use of public property and prison conditions. Free. 668-4095.

**Humboldt County Beekeepers Association.** 6:30 p.m. Humboldt County Agriculture Center, 5630 South Broadway, Eureka. Learn about swarming and swarm prevention. [humboldtbeekeepers.org](http://humboldtbeekeepers.org). 845-3362.

**Parent Information Night.** 6 p.m. Union Street Charter School, 470 Union St., Arcata. Attendance required for the admissions lottery. Free. [usc.office@att.net](mailto:usc.office@att.net). [unionstreetcharter.org](http://unionstreetcharter.org). 822-4845.

### ETC

**Sip and Knit.** 6 p.m. NorthCoast Knittery, 320 Second

St., Eureka. Join fellow knitters, crocheters, weavers, spinners and other fiber artists as they socialize and work on their current projects. 442-9276.

## 7 friday

### ART

**Arts Fortuna.** First Friday of every month. Main Street. Fortuna's arts night. Free. 845-2038.

### BOOKS

**Barbara Curiel.** 3 p.m. Humboldt State University Library Fishbowl, Arcata. The author and professor reads selections from her book about the experiences of Latin women, *Mexican Jenny and Other Poems*. Free.

### COMEDY

**Pawns of Comedy.** 9 p.m. Humboldt Brews, 856 10th St., Arcata. A 90-minute comedy show featuring Bay Area comics with headliner Brendan Lynch. \$7. [votedna@gmail.com](mailto:votedna@gmail.com). 530-592-5250.

**Comedy Cabaret.** 8 p.m. Mateel Community Center, 59 Rusk Lane, Redway. Featuring Rodger Lizaola and Carlos Rodriguez. Ages 18 and over. \$10. 923-3368.

### DANCE

**World Dance Party.** First Friday of every month, 8 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. A night of easy dance lessons and international dance music played by Chubritza and other musicians. All ages and dance levels are welcome. \$5. [ckurumada@aol.com](mailto:ckurumada@aol.com). [www.humboldtfolk dancers.org](http://www.humboldtfolk dancers.org). 822-8045.

### MOVIES

**Mid-Day Matinee.** Noon. Humboldt State University Library Fishbowl, Arcata. Screening of archival gems from the library's special collections. Free.

**Tank Girl.** 8 p.m. Arcata Theatre Lounge, 1036 G St.

The dystopian story started as a great graphic novel and became a cult favorite. Rated R. \$5. [www.arcata-theatre.com](http://www.arcata-theatre.com).

### MUSIC

**Melody Walker and Jacob Groopman.** 8 p.m. Arcata Playhouse, 1251 Ninth St. Folk-grass Americali duo. \$15.

### THEATER

**Little Shop of Horrors.** 7:30 p.m. Eureka High School Auditorium. See March 6 listing.

**Making God Laugh.** 8 p.m. Redwood Curtain Theatre. See March 6 listing.

**Spinning into Butter.** 7:30 p.m. Gist Hall Theatre. See March 6 listing.

### EVENTS

**Bowl for Kids' Sake.** 5 p.m. Harbor Lanes, 2136 Broadway, Eureka. Form a team or sponsor a bowler to fund Big Brothers Big Sisters of the North Coast's professionally supported volunteer mentors for local children. [blue@ncbbbs.org](mailto:blue@ncbbbs.org). [www.harborlanes.net](http://www.harborlanes.net). 445-4871.

**Criminal Justice Dialogue.** 1 p.m. Humboldt State University. See March 6 listing.

**Drought, Resilience and the North Coast.** 9 a.m. River Lodge, 1800 Riverwalk Drive, Fortuna. This Eel River Symposium focus on the changing climate and how water resources can be best managed. Speakers include Mike Furniss and Bill Trush. \$20. [foer@eelriver.org](mailto:foer@eelriver.org). 822-3342.

### FOR KIDS

**Children's Clothing Swap.** 3:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Bring your wearable hand-me-downs (sizes newborn to 12, no holes or stains) and take home new outfits for the kids. Free. [www.redwoodraks.com](http://www.redwoodraks.com). 985-8084.

**Parent Voices Humboldt.** 6 p.m. Jefferson Community Center, 1000 B St., Eureka. Get involved with addressing issues impacting the quality of child care at the local and state levels. Free. [parentvoiceshumboldt@changingtidesfs.org](mailto:parentvoiceshumboldt@changingtidesfs.org). 444-8293.

continued on next page ►



## OUTDOORS

**Bay to Dunes Environmental Training.** 9 a.m.-2 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Learn to lead elementary school students through the coastal dunes and Humboldt Bay. No experience necessary. RSVP. Free. justin@friendsofthedunes.org. 444-1397.

**Night Watchers Walk.** 6:30 p.m. Ma-le'l Dunes Parking Area, Young Lane, Manila. Explore the wild places at night with a Friends of the Dunes naturalist. Free. info@friendsofthedunes.org. friendsofthedunes.org. 444-1397.

## SPORTS

**Eight Ball Tournament Night.** 7 p.m. Rose's Billiards, 535 Fifth St., Eureka. Come and compete for prizes in a BCA rules double elimination tournament on 7-foot Diamond tables. \$1 off of beers for tournament players. \$5 plus \$3 green fee. guy@rosesbilliards.com. rosesbilliards.com. 497-6295.

**Public Skating.** 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

# 8 saturday

## ART

**Arts on the Avenue.** Second Saturday of every month, 6-8 p.m. Eagle Prairie Arts District, 406 Wildwood Ave.,

HSU's MultiCultural Center Presents:



Fri, March 7 @ 6-9pm  
&  
Sat, March 8 @ 9am-6pm

Kate Buchanan Room,  
University Center

Keynote Speakers:  
Andrea Smith  
David Stovall

www.humboldt.edu/summit  
mcc@humboldt.edu  
707.826.3364

For more information contact Mona Mazzotti  
at 707.826.3369 or mona.mazzotti@humboldt.edu

Rio Dell. Local artists, artisans and music. Free. www.facebook.com/info.epad.

## BOOKS

**Book Sale.** 10 a.m.-7 p.m. Fortuna Veterans Hall/Memorial Building, 1426 Main St. You'll find a huge selection of multiple genres, with hardbacks for one dollar and paperbacks for fifty cents.

## LECTURE

**History and Invention of Guns.** 1 p.m. Clarke Historical Museum, Third and E streets, Eureka. Ken Anglin presents this informative discussion. Free. www.clarkemuseum.org.

**Reflections from a Palliative Care Doctor.** 1 p.m. Humboldt Unitarian Universalist Fellowship, 24 Fellowship Way, Bayside. The Alliance for End of Life Planning is proud to present Dr. Michael Fratkan. He will share what he is learning as he walks beside and behind people facing the challenge of living fully while actively dying. Free. www.huuf.org. 223-6867.

## MOVIES

**Becoming California.** 7 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Films that explore our past, present and future relationship with California's natural environment. Free, but tickets required. carts@humboldt.edu. 826-3928.

## MUSIC

**The Pink Floyd Concert Experience.** 8 p.m. Eureka Theater, 612 F St. House of Floyd presents an evening of lasers, lights, music and maybe an inflatable pig. \$25. www.theeurekatheater.org.

**Sara Bareilles.** 8 p.m. KEET TV, Channel 13, Humboldt. The program features footage of the concert at The Orpheum in LA.

## THEATER

**Little Shop of Horrors.** 7:30 p.m. Eureka High School Auditorium. See March 6 listing.

**The Love List.** 6 p.m. Kimtu Cookhouse, Camp Kimtu, Willow Creek. Redbud Theater kicks off the season with dinner and a performance of a thought-provoking comedy by Norm Foster. Not recommended for kids. \$35.

**Making God Laugh.** 8 p.m. Redwood Curtain Theatre. See March 6 listing.

**Spinning into Butter.** 7:30 p.m. Gist Hall Theatre. See March 6 listing.

## EVENTS

**Animal Carnival.** 8 p.m. Portuguese Hall, 1185 11th St., Arcata. All proceeds from this costumed variety show will support the Open Door Clinic's literacy program and Humboldt County's Godwit Days. \$20 advance, \$30 door. travis@venatoremedia.com. 672-2700.

**Bowl for Kids' Sake.** 10 p.m. Harbor Lanes. See March 7 listing.

**Flea Market.** 9 a.m.-3 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road., Eureka. Over 25 tables of treasures galore. www.facebook.com/humboldt.grange.

**HSU Centennial Beer Showcase.** 7 p.m. Humboldt Brews, 856 10th St., Arcata. Featuring Lost Coast Brewery Big Axe Ale, Six Rivers Tin Pants Ale, Mad River Hibiscus Centennial Ale and Redwood Curtain Centennial Jack Ale. Enjoy appetizers, a live band and a centennial documentary at 7 p.m. Free entry. cak50@humboldt.edu. 826-5565.

**International Women's Day Celebration.** 1:30 p.m. Arcata Playhouse, 1251 Ninth St. An educational panel followed by performances by Hoopdance of Humboldt and Ya Habibi, plus free 10-minute chair massages. Donations accepted. vdayhum@gmail.com. 200-8329.

**Music for Healing.** Noon-1 a.m. Blue Lake Casino, 777 Casino Way. This benefit features Gunsafe, Hollow Down, Kindred Spirits, Liquid Cactus and more. Proceeds will go toward hospital bills associated with Niccole

Hodgson's brain surgery. Donations accepted.

## FOR KIDS

**Birthday Party for Dr. Seuss.** 1 p.m. Eureka Main Library, 1313 Third St. Dr. Seuss stories and lots of activities, craft projects and video clips. Free.

**Dr. Seuss Birthday Celebration.** 10 a.m. Trinidad School, 300 Trinity. Refreshments, balloons games, activities, raffle prizes, books and more. Free.

**Story Time.** Every other Saturday, 11 a.m. Rio Dell Library, 715 Wildwood Ave. Join us for stories, songs, and games for early readers and parents. Free. riohumml@co.humboldt.ca.us. 764-3333.

**Toddler Storytime.** 11 a.m. Eureka Main Library, 1313 Third St. Songs, fingerplays, short stories and a puppet show all in the theme of "It's Spring!" Free.

## FOOD

**Arcata Winter Farmers Market.** 10 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Locavores' delight: fresh vegetables and fruit from local producers, food vendors, plant starts and flowers every week. Free. humfarm.org. 441-9999.

**Friends of the Fortuna Library Dinner.** 5 p.m. Fortuna Veterans Hall/Memorial Building, 1426 Main St. A fundraiser for the Fortuna Library with chicken cacciatore and polenta. \$25 individuals, \$35 couples, \$5 kids.

## OUTDOORS

**Arcata Marsh Tour.** 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 600 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Free. 826-2359.

**Audubon Society Arcata Marsh Tour.** 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary. Bring your binoculars and have a great morning birding! Meet the trip leader in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Free. rras.org/calendar.

**eBird Survey.** 8 a.m. Shay Park, Corner of Foster Avenue and Alliance Road, Arcata. Rob Fowler will survey birds for up to three hours, counting every species present.



## DUFF Enough

Look at your plans for the week. Not weird enough? Need a bit more gut-punch panic and shock to keep your adrenaline up?

The **seventh annual Druid Underground Film Festival** on **Thursday, March 13 at 7 p.m.** should do the trick (\$7).

Settle down, LARPer. It's not that kind of druid party. Which is not to say things won't get a little pagan, since the festival takes inspiration from the secrets and mysteries of the lost culture of the Druids. There's also going to be a raffle. The trailer speaks to a decidedly low-budget, high-octane aesthetic — gory stop-motion, jumpy hand-held footage, DIY special effects and people rubbing meat on one another in ways that might make Lady Gaga switch to tofu.

It's a grubby palate cleanser of international experimental comedy, horror and overall freakiness after the soft-focus glitz of the Oscars. In a trailer/call for submissions, the wife-beater-and-aviator-sporting founder Billy Burgess says "it's our job to challenge the future of art, to challenge the future of film. Our culture depends on you." And, you know, people rubbing meat on each other.

—Jennifer Fumiko Cahill

# 9 sunday

## MOVIES

**Fat, Sick and Nearly Dead.** 6 p.m. Fortuna Community Services, 2331 Rohnerville Road. This Health Movie Night features the documentary directed by Joe Cross, free medical screening tests, live juicing presentations, resource booths and prizes. Free. 777-9861.

**Mulan.** 6 p.m. Arcata Theatre Lounge, 1036 G St. The Disney film loosely based on a Chinese folk tale. \$5. www.arcatatheatre.com.



## Hoofing It



Until science proves otherwise, running is good for you. It makes your heart go pitter-patter in a healthy way and it strengthens your muscly-tendony thingies. Healthful propaganda aside, some people actually like running. For fun. Lucky for them, Humboldt is host to more than a handful of competitive runs throughout the year. On **Sunday, March 9**, the city of **Ferndale** will be overflowing with bare-legged and number-chested athletes for the **37th annual Foggy Bottom Milk Run**.

The 4 and 10-mile races start at **noon**, and the 2-mile race starts at **2 p.m.** All races start and finish on Ferndale's Main Street and wind their way through the bottoms while confused cows utter moos of support. The brave/crazy athletes registered for the 10-mile race will head through the bottoms and make their way along Centerville Road.

If you missed the pre-registration deadline way back in February, don't fret. You can register the morning of the race at the Danish Hall in Ferndale. Four and 10-mile runners can register at 10 a.m. and 2-mile runner registration starts at 11:30 a.m. Prizes go to the racers who finish first in each distance category. But surely the runner's high is the real reward.

— Dev Richards

### MUSIC

**Bayside Grange Music Project.** 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 442-0156.

### THEATER

**Spinning into Butter.** 2 p.m. Gist Hall Theatre. See March 6 listing.

### EVENTS

**HumDOG Expo.** 10 a.m. Redwood Acre Fairgrounds, Eureka. A canine extravaganza with exhibitions of agility, obedience, tricks and more. Free. apjohns@aol.com. humdog.org. 444-3862.

**Redwood Coast Scrabble Club.** 1-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Tiles, letters and triple-word scores, oh my! 677-9242.

**Spring Fling Bingo Fiesta.** 4:30 p.m. Van Duzen Community Hall, Van Duzen River Road, Bridgeville. The Two Rivers Community Care Group and Volunteer Hospice presents bingo and a taco salad buffet. \$7 adults, \$5 kids. 777-3008.

### FOOD

**Food Not Bombs.** 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. 503-828-7421.

**Potluck Dinner.** 6 p.m. The Logger Bar, 510 Railroad Ave., Blue Lake. Bring a dish to share with friends old and new. Free. www.facebook.com/LoggerBar.

### GARDEN

**Fruit Tree Planting.** 10 a.m. Courtyards at Arcata Community Room, 3101 Boyd Road. Help with the Edible Community Garden project. Bring gloves, a shovel and drinking water. There will be a potluck lunch. Free. andysehic@hotmail.com. 826-2935.

### OUTDOORS

**Bay to Dunes Environmental Training.** 9 a.m.-2 p.m. Humboldt Coastal Nature Center. See March 7 listing.

**Willows and Blackberries.** 1 p.m. Shay Park, Corner of Foster Avenue and Alliance Road, Arcata. Join botanist Greg O'Connell on a walking botanical tour featuring a variety of native and non-native species. Free. northcoastcnps.org. 822-2015.

### SPORTS

**Drop-in Basketball.** 7 p.m. McKinleyville Recreation Department, 1656 Sutter Road. Adults are welcome to join in for pick-up basketball. \$3. mckinleyvillecsd.com/parks-recreation.

**Foggy Bottoms Milk Run.** Noon. Ferndale Main Street. The 2-mile run starts at noon and the 4-mile and 10-mile start at 2 p.m. Same day registration is at the Danish Hall in Ferndale. \$20-\$25

## 10 monday

### DANCE

**Friendship Circle Dance.** 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dancing for people in their 50s and older, with live music featuring tunes from the 1930s-50s. \$4. 725-5323.

### MUSIC

**Humboldt Ukulele Group.** Second Monday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of ukulele strummers who have fun and play together for a couple of hours. Beginners welcome and you won't remain one long! \$3. dsanderl@arcatanet.com. 839-2816.

### SPOKEN WORD

**Poets on the Plaza.** Second Monday of every month, 8 p.m. Plaza View Room, Eighth and H streets, Arcata. Read/perform your original poetry or hear others. \$1.

### ETC

**Cribbage Lessons.** 5:30-7 p.m. Moose Lodge, 4328 Campton Road, Eureka. Brush up on your cribbage skills or learn how to play. Free.

## 11 tuesday

### LECTURE

**Marijuana Talk.** 5:30 p.m. Native American Forum, Humboldt State University, Arcata. Guest speaker Nathan Donahoe from the Cannabis Consulting Group presents "Green Rush LA: Medical Cannabis Confusion in the Wild West of Weed." Free.

**Restoring Coastal Habitats.** 7:30 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Stewardship Director Emily Walter will discuss what goes into the restoration process. Free.

### MUSIC

**Ukulele Play and Sing Group.** 1:30 p.m. Humboldt Senior Resource Center, 1910 California St., Eureka. All genres of music, from "Greensleeves" to "Hound Dog." If you can carry a tune and play a stringed instrument, come party with us. We have extra songbooks. Donations appreciated. veganlady21@yahoo.com.

### COMEDY

**Savage Henry's Comedy Open Mic Night.** Second Tuesday of every month, 9 p.m. The Jambalaya, 915 H St., Arcata. Join us for an evening of hilarity from local comics, newbies and maybe even you. \$3. joe@

savagehenrymagazine.com. www.jambalayaarcata.com.

### EVENTS

**HUMbucks Monthly Exchange.** Second Tuesday of every month, 5:30-7:30 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Event to exchange goods and services using HUMbucks, a non-monetary, local exchange system. jugglersest@gmail.com. www.baysidegrange.org. 834-9019.

### MEETINGS

**North Group Sierra Club.** 6:45 p.m. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. A discussion of business and local conservation issues. 826-3740.

### ETC

**Humboldt Cribbage Club.** 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play some cards. 444-3161.

## 12 wednesday

### LECTURE

**The Evolution of Information.** 5 p.m. Humboldt State University Library Fishbowl, Arcata. Centennial speaker Joan Berman presents the HSU Library exhibit. Free.

**Oiled Wildlife Rescue in California.** 7 p.m. Sequoia Park Zoo, 3414 W St., Eureka. Marine Wildlife Care Center Coordinator, Tamar Danufsky is the guest speaker for this conservation talk. Free. www.sequoiaparkzoo.net.

continued on next page ►

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## Hoofing It

Until science proves otherwise, running is good for you. It makes your heart go pitter-patter in a healthy way and it strengthens your muscly-tendony thingies. Healthful propaganda aside, some people actually like running. For fun. Lucky for them, Humboldt is host to more than a handful of competitive runs throughout the year. On **Sunday, March 9**, the city of **Ferndale** will be overflowing with bare-legged and number-chested athletes for the **37th annual Foggy Bottom Milk Run**.

The 4 and 10-mile races start at **noon**, and the 2-mile race starts at **2 p.m.** All races start and finish on Ferndale's Main Street and wind their way through the bottoms while confused cows utter moos of support. The brave/crazy athletes registered for the 10-mile race will head through the bottoms and make their way along Centerville Road.

If you missed the pre-registration deadline way back in February, don't fret. You can register the morning of the race at the Danish Hall in Ferndale. Four and 10-mile runners can register at 10 a.m. and 2-mile runner registration starts at 11:30 a.m. Prizes go to the racers who finish first in each distance category. But surely the runner's high is the real reward.

— Dev Richards

### MUSIC

**Bayside Grange Music Project.** 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 442-0156.

### THEATER

**Spinning into Butter.** 2 p.m. Gist Hall Theatre. See March 6 listing.

### EVENTS

**HumDOG Expo.** 10 a.m. Redwood Acre Fairgrounds, Eureka. A canine extravaganza with exhibitions of agility, obedience, tricks and more. Free. apjohns@aol.com. humdog.org. 444-3862.

**Redwood Coast Scrabble Club.** 1-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Tiles, letters and triple-word scores, oh my! 677-9242.

**Spring Fling Bingo Fiesta.** 4:30 p.m. Van Duzen Community Hall, Van Duzen River Road, Bridgeville. The Two Rivers Community Care Group and Volunteer Hospice presents bingo and a taco salad buffet. \$7 adults, \$5 kids. 777-3008.

### FOOD

**Food Not Bombs.** 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. 503-828-7421.

**Potluck Dinner.** 6 p.m. The Logger Bar, 510 Railroad Ave., Blue Lake. Bring a dish to share with friends old and new. Free. www.facebook.com/LoggerBar.

### GARDEN

**Fruit Tree Planting.** 10 a.m. Courtyards at Arcata Community Room, 3101 Boyd Road. Help with the Edible Community Garden project. Bring gloves, a shovel and drinking water. There will be a potluck lunch. Free. andysehic@hotmail.com. 826-2935.

### OUTDOORS

**Bay to Dunes Environmental Training.** 9 a.m.-2 p.m. Humboldt Coastal Nature Center. See March 7 listing.

**Willows and Blackberries.** 1 p.m. Shay Park, Corner of Foster Avenue and Alliance Road, Arcata. Join botanist Greg O'Connell on a walking botanical tour featuring a variety of native and non-native species. Free. northcoastcnps.org. 822-2015.

### SPORTS

**Drop-in Basketball.** 7 p.m. McKinleyville Recreation Department, 1656 Sutter Road. Adults are welcome to join in for pick-up basketball. \$3. mckinleyvillecd.com/parks-recreation.

**Foggy Bottoms Milk Run.** Noon. Ferndale Main Street. The 2-mile run starts at noon and the 4-mile and 10-mile start at 2 p.m. Same day registration is at the Danish Hall in Ferndale. \$20-\$25.

## 10 monday

### DANCE

**Friendship Circle Dance.** 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dancing for people in their 50s and older, with live music featuring tunes from the 1930s-50s. \$4. 725-5323.

### MUSIC

**Humboldt Ukulele Group.** Second Monday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of ukulele strummers who have fun and play together for a couple of hours. Beginners welcome and you won't remain one long! \$3. dsanderl@arcatanet.com. 839-2816.

### SPOKEN WORD

**Poets on the Plaza.** Second Monday of every month, 8 p.m. Plaza View Room, Eighth and H streets, Arcata. Read/perform your original poetry or hear others. \$1.

### ETC

**Cribbage Lessons.** 5:30-7 p.m. Moose Lodge, 4328 Campton Road, Eureka. Brush up on your cribbage skills or learn how to play. Free.

## 11 tuesday

### LECTURE

**Marijuana Talk.** 5:30 p.m. Native American Forum, Humboldt State University, Arcata. Guest speaker Nathan Donahoe from the Cannabis Consulting Group presents "Green Rush LA: Medical Cannabis Confusion in the Wild West of Weed." Free.

**Restoring Coastal Habitats.** 7:30 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Stewardship Director Emily Walter will discuss what goes into the restoration process. Free.

### MUSIC

**Ukulele Play and Sing Group.** 1:30 p.m. Humboldt Senior Resource Center, 1910 California St., Eureka. All genres of music, from "Greensleeves" to "Hound Dog." If you can carry a tune and play a stringed instrument, come party with us. We have extra songbooks. Donations appreciated. veganlady21@yahoo.com.

### COMEDY

**Savage Henry's Comedy Open Mic Night.** Second Tuesday of every month, 9 p.m. The Jambalaya, 915 H St., Arcata. Join us for an evening of hilarity from local comics, newbies and maybe even you. \$3. joe@savagehenrymagazine.com. www.jambalayaarcata.com.

### EVENTS

**HUMBucks Monthly Exchange.** Second Tuesday of every month, 5:30-7:30 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Event to exchange goods and services using HUMBucks, a non-monetary, local exchange system. jugglerseth@gmail.com. www.baysidegrange.org. 834-9019.

### MEETINGS

**North Group Sierra Club.** 6:45 p.m. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. A discussion of business and local conservation issues. 826-3740.

### ETC

**Humboldt Cribbage Club.** 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play some cards. 444-3161.

## 12 wednesday

### LECTURE

**The Evolution of Information.** 5 p.m. Humboldt State University Library Fishbowl, Arcata. Centennial speaker Joan Berman presents the HSU Library exhibit. Free.

**Oiled Wildlife Rescue in California.** 7 p.m. Sequoia Park Zoo, 3414 W St., Eureka. Marine Wildlife Care Center Coordinator, Tamar Danufsky is the guest speaker for this conservation talk. Free. www.sequoiaparkzoo.net.

**Plants vs. The Yellowstone Volcano.** 7:30 p.m. Six Rivers Masonic Lodge, 251 Bayside Road, Arcata. Ranger-naturalist Jennifer Whipple shares a tale two million years in the making. Free. northcoastcnps.org. 407-7686.

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**Plants vs. The Yellowstone Volcano.** 7:30 p.m. Six Rivers Masonic Lodge, 251 Bayside Road, Arcata. Ranger-naturalist Jennifer Whipple shares a tale two million years in the making. Free. northcoastcnps.org. 407-7686.

#### FOR KIDS

**Playgroup.** 10 a.m. Discovery Museum, 501 Third St., Eureka. Playtime in the museum that provides children and families with great resources. Free. info@discovery-museum.org. discovery-museum.org. 443-9694.

#### MEETINGS

**Conservation Meeting.** Second Wednesday of every month, noon. Golden Harvest Café Arcata, 1062 G St. Finalize the Redwood Region Audubon Society's statement on the impact of marijuana cultivation on wildlife. Free. www.goldenharvestcafe.com. 445-8311.

**Medi-Cal Managed Care.** 1 p.m. Eureka First Presbyterian Church, 819 15th St. A presentation from Disability Rights California presents Todd Higgins. Free.

**North Coast Water Garden Club.** 7 p.m. Wharfinger Building, 1 Marina Way, Eureka. The topic is "Why Have a Pond: the Pros and Cons." Free.

**Service Animals.** 10 a.m. Eureka First Presbyterian Church, 819 15th St. A talk by Disability Rights California presenter Todd Higgins. Free. alland@tilinet.org. 445-8404.

## 13 thursday

#### BOOKS

**Book Club.** This month's title is *The Goldfinch* by Donna Tartt. 12-1 p.m. Eureka Main Library, 1313 Third St. Discuss suggested titles and create a list of good reads for upcoming meetings. Bring your favorite book or a current read to discuss at the first meeting. Free.

#### LECTURE

**One Thread at a Time.** 6:45 p.m. Wharfinger Building, 1 Marina Way, Eureka. Weaver and teacher Marta Shannon share the twists and turns of her weaving path. Free. linda@lindahartshorn.com. 599-2729.

#### MOVIES

**Druid Underground Film Festival.** 7 p.m. Arcata Theatre Lounge, 1036 G St. A three-hour hell-ride of avant-weird short films from around the world. \$7. www.arcatatheatre.com.

#### THEATER

**Little Shop of Horrors.** 7:30 p.m. Eureka High School Auditorium. See March 6 listing.

#### FOR KIDS

**Young Discoverers.** 10:30 a.m. Discovery Museum. See March 6 listing.

#### ETC

**Humboldt Grange 501 Potluck.** Second Thursday of

every month, 6:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road., Eureka. Grange Women's Auxiliary meets at 6 p.m., potluck at 6:30 p.m., Grange meeting 7:30 p.m. nanettespearschade@gmail.com. www.facebook.com/humboldt.grange. 443-0045.

**Sip and Knit.** 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See March 6 listing.

## Heads Up...

**North coast high school students** are welcome to enter the Congressional Art Competition. Submissions are due April 4. 407-3585.

**North Coast Open Studios** is accepting artist applications for 2014. Applications are due March 25. 442-8413.

**The National Park Service (NPS)** welcomes public comments on a proposal to restore the salmon habitat in Strawberry Creek. Comments are due by March 30. 465-7703.

**The Redwood Region Audubon Society** is sponsoring a student nature writing contest. Entries are due March 21. tomleskiw@suddenlink.net.

**The Humboldt Arts Council** is accepting grant applications for the Beverly Faben Artist Fund for Humboldt residents with scheduled solo exhibitions. For details, visit www.humboldtarts.org

**Humboldt Beefest** is looking for artist and performance entries for the upcoming festival. Registration is due by March 20 and April 1, respectively. 443-4424.

**McKinleyville Parks and Recreation** is now accepting registration for PeeWee basketball and Humboldt Hoops Youth basketball. Deadlines are April 4 and March 28 respectively.

**Humboldt Area Foundation** is now accepting applications for the 2014 Summer Youth Mini-Grant Program. Applications are due April 15. 442-2993.

**The Clarke Museum** is accepting applications for the Redwood Coast Beer and BBQ Cook Off. Deadline is April 18. www.clarkemuseum.org.

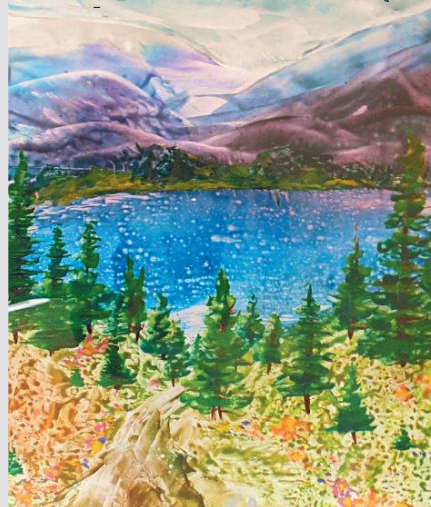
**Redwood Empire Quilters Guild** and Humboldt Area Foundation are offering grants of up to \$1,000 for Humboldt County quilters for charitable work or education. 442-2993.

**Applications are now available** for the Humboldt Association of Realtors' annual scholarships. Apply by April 4. 442-2978. www.harealtors.com.

**College of the Redwoods' literary magazine** is accepting submissions of original poetry and fiction from community members, as well as staff, faculty and students. Deadline is March 26. 476-4370.

**Friends of the Arcata Marsh** and Redwood Region Audubon Society is sponsoring a Student Bird Art Contest for Godwit Days. The contest is open to kids in kindergarten through high school. Entries due March 28. www.godwitdays.org. ●

# FORTUNA FIRST FRIDAY



UKRAINIAN-BORN NATALYA BURKE'S WORKS IN A NUMBER OF MEDIUMS ARE AT STREHL'S FAMILY SHOES.

## First Friday Fortuna Arts Night March 7, 5-8 p.m.

is presented by members of the Fortuna business community and is open for all Fortuna businesses to display the work of local artists. Receptions for artists, exhibits and/or performances are from 5-8 p.m.

**BODY WORKS FITNESS CENTER** 1156 Main St.

Free fitness day.

**CORNERSTONE REALTY** 1131 Main St. Elaine

Gredassoff, watercolors.

**DAKOTA'S DESIGNS** 1040 Main St. Work by

Dakota and other local artists.

**EEL RIVER BREWING COMPANY** 1777 Alamar

Way. Stephanie Gurley.

**FORTUNA ART & OLD THINGS** 1026 Main St.

Heather Rust. Work by Chalked Art & Letter.

**HOPPY'S FROYO** 1151 Main St. Rowdy Kelley, pho-

tography. Multi Generational Center Youth

Art Class, watercolors. Jan Carter, mural.

**L'S KITCHEN** 734 10th St. TBA.

**MAIN STREET ART GALLERY & SCHOOL** 1006

Main St. Chuck Bowden.

**MCLEAN FOUNDATION** 1336 Main St. Amy Leon,

up-cycled assemblages of found objects.

**PRECISION INTERMEDIA** 1012 Main St. Nepalese

artist R.B. Bhola. Music TBA.

**RAIN ALL DAY BOOKS** 1136 Main St. TBA Fortuna

Art Council artist.

**STREHL'S** 1157 Main St. Natalie Burke, chalk, coal,

watercolors, oil, acrylic, sand and encaustic

painting.

**TACO LOCO** 955 Main St. Bobbi Bennetzen.

**THE HUMBOLDT CORNER** 899 Main St. Glass-blowing demonstrations by Jed Stoll and Matt Cascio. ●

## Movie Times

Film times reflect the most current listings as of Tuesday afternoon. As schedules at individual theaters sometimes change, we recommend calling ahead to avoid any inconvenience.

### Broadway Cinema

1223 Broadway St., Eureka, (707) 443-3456

**3 Days to Kill** Fri-Thur: (12, 2:45), 5:35, 8:20

**300: Rise of an Empire** Fri-Thur: (1:15, 3:55), 6:35, 9:15

**300: Rise of an Empire 3D** Fri-Thur: (12:45, 3:20), 6:05, 8:45

**Frozen** Fri-Thur: (1:30, 4:05)

**The Lego Movie 3D** Fri-Thur: (4:20)

**The Lego Movie** Fri-Wed: (12:15, 1:45, 2:50), 5:20, 7:50;

Thur: (12:15, 1:45, 2:50), 5:20

**The Monuments Men** Fri-Thur: (12:05, 3), 5:50, 8:40

**Mr. Peabody & Sherman** Fri-Thur: (12, 2:30, 3:10, 4:55), 5:40, 7:25

**Mr. Peabody & Sherman 3D** Fri-Thur: (12:35), 8:05

**Non-Stop** Fri-Thur: (12:55, 3:35), 6:15, 8:55

**Philomena** Fri-Thur: (2:15, 4:45)

**Pompeii** Fri-Thur: 9:30

**Pompeii 3D** Fri-Thur: 6:55

**Ride Along** Fri-Thur: 7:10, 9:35

**RoboCop** Fri-Thur: 6:40, 9:25

**Son of God** Fri-Thur: (11:50a.m., 2:55), 6, 9:05

### Mill Creek Cinema

1575 Betty Court, McKinleyville, (707) 839-2222

**300: Rise of an Empire** Fri-Sun: (12:45, 3:20), 6:05, 8:45;

Mon-Thur: (3:20), 6:05, 8:45

**300: Rise of an Empire 3D** Fri-Sun: (1:15, 3:55), 6:35, 9:15;

Mon-Thur: (3:55), 6:35, 9:15

**The Lego Movie** Fri-Sun: (12:15, 2:45), 5:20, 7:50;

Mon-Wed: (2:45), 5:20, 7:50; Thur: (2:45), 5:20

**The Monuments Men** Fri-Sun: (12:25), 5:50; Mon-Thur: 5:50

**Mr. Peabody & Sherman** Fri-Sun: (12:35, 2:25, 3:10), 5:40, 8:05;

Mon-Thur: (3:10), 5:40, 8:05

**Mr. Peabody & Sherman 3D** Fri-Sun: (12, 4:55), 7:25;

Mon-Thur: (4:55), 7:25

**Non-Stop** Fri-Sun: (12:55, 3:35), 6:15, 8:55;

Mon-Thur: (3:35), 6:15, 8:55

**Pompeii** Fri-Thur: 8:40

**Pompeii 3D** Fri-Thur: (3:15)

**Son of God** Fri-Sun: (11:50a.m., 2:55), 6, 9:05;

Mon-Thur: (2:55), 6, 9:05

### Minor Theatre

1001 H St., Arcata, (707) 822-3456

**300: Rise of an Empire** Fri: (3:50), 6:30, 9:10;

Sat-Sun: (1:15, 3:50), 6:30, 9:10; Mon-Thur: (3:50), 6:30, 9:10

**American Hustle** Fri: 5:10, 8:20; Sat-Sun: (2), 5:10, 8:20;

Mon-Thur: 5:10, 8:20

**Her** Fri-Thur: (3:25), 8:50

**Philomena** Fri: 6:20; Sat-Sun: (1), 6:20; Mon-Thur: 6:20

### Fortuna Theatre

1241 Main St., (707) 725-2121

**300: Rise of an Empire** Fri: (4:25), 7:05, 9:35;

Sat: (1:35, 4:25), 7:05, 9:35; Sun: (1:35, 4:25), 7:05;

Mon-Thur: (4:25), 7:05

**300: Rise of an Empire 3D** Fri-Sat: 7:20, 9:45; Sun-Thur: 7:20

**The Lego Movie** Fri: (3:55), 6:20, 8:35; Sat: (1:20, 3:55), 6:20, 8:35;

Sun: (1:20, 3:55), 6:20; Mon-Thur: (3:55), 6:20

**Mr. Peabody & Sherman** Fri: (3:40), 6:15, 8:30;

Sat: (1:15, 3:40), 6:15, 8:30; Sun: (1:15, 3:40), 6:15;

Mon-Thur: (3:40), 6:15

**Mr. Peabody & Sherman 3D** Fri: (4:25); Sat-Sun: (2, 4:25);

Mon-Thur: (4:25)

**Non-Stop** Fri: (4:15), 6:55, 9:25; Sat: (1:50, 4:15), 6:55, 9:25;

Sun: (1:50, 4:15), 6:55; Mon-Thur: (4:15), 6:55

**Son of God** Fri: (4:30), 7:45; Sat-Sun: (1:25, 4:30), 7:45;

Mon-Thur: (4:30), 7:45

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WHO WANTS TO BE IN THE SEQUEL?

# Non-Stop Takes Off

## New Testament beats the movie

By John J. Bennett

filmland@northcoastjournal.com

### Reviews

**NON-STOP.** I bashfully admit that this marks my first experience with the recently reminted Liam Neeson as action hero. My impression is that he has thrown himself into this late-career badass period to combat his grief at the tragic death of his wife Natasha Richardson in 2009. I'm not sure whether it's the workmanlike approach to acting as therapy, or the attendant sadness and pathos that he brings to the part, but Neeson in *Non-Stop* makes me inclined to go back and watch *Taken* or two.

He plays Bill Marks, a Federal Air Marshal with a drinking problem, money problems and, from his haggard aspect, a few other issues to boot. On a red-eye from New York to London, someone hacks Marks' cell phone, sending text messages demanding a huge payday and threatening the lives of the passengers on the flight. Marks undertakes a solo investigation, and the situation escalates rapidly, embroiling him in a cat-and-mouse game with an unknown antagonist, while he becomes the target of media speculation. Seems his wily opponent intends to assign the blame for the hijacking and subsequent loss of life to Marks.

Granted, this is fairly standard pot-boiler stuff. But thanks to Neeson's performance, a customarily fine supporting one by Julianne Moore and stylish, generally light-handed direction by Jaume Collet-Serra, it transcends most of the clichés that can easily undo a whodunit thriller. Unfortunately, some of the tension and momentum unravel when the third act twist appears, but that does little to dissipate the enjoyment of the rest of the movie. *Non-Stop* isn't a game-changer: It doesn't break any particularly new ground technically or narratively. But it is an original action movie with a good cast, a clever story and a distinct look. For all of that, I'd

put it miles above most of the competition. PG13. 106m.

**SON OF GOD.** Ever read any of the New Testament? Or heard any of the stories? Maybe watched a cartoon adaptation of some sort? If you answered yes to any of the questions above, you can skip *Son of God*. Because whatever version of the life of Jesus of Nazareth you've got kicking around in your memory, I can just about guarantee you it is more interesting, more insightful and more imaginative than this.

Cobbled together from a History Channel miniseries, with some new footage shoehorned in, *Son of God* attempts to tell the life story of Jesus Christ. I take no issue with the impulse: there's plenty of room for a nuanced interpretation of one of the most influential figures in the history of the world. But this ain't it. Rather it's a rush-job of Jesus' Greatest Hits. The first act careens along through some of the classics: Jesus' birth in the manger (his parents were apparently wayward hipsters — or maybe the casting call only reached out to Brooklyn and Portland); loaves and fishes; Lazarus risen; walking on water; overturning the tables of the money-changers. All the biggies.

The second half of the movie is taken up with the conflict generated by the presence of Jesus and his followers in Jerusalem. And, well, we all know how the story ends. But that isn't what concerns me. What concerns me is that this material, which is pretty fascinating regardless of your spiritual perspective, is handled so shoddily, with no insight or real gravity. Sure, the crucifixion is fairly rough going, but nasty as it is, it's still tamed-down for a PG-13 rating, which strikes me as crassly commercial. The direction is artless, the visual effects are the caliber of a mid-1990s CD-ROM video game, and Diogo Morgado as Jesus does precious little more than smile beatifically and smugly bust out miracles. There is no attempt to get at the complexity of the character or the context within which he exists.

I suppose this movie might be useful, were one in a position to hammer the uninitiated over the head with the simplest, most literal version of this story available. Otherwise, there is little, if anything, to recommend it. PG13. 138m.

— John J. Bennett

### Previews

**300: RISE OF AN EMPIRE.** Xerxes returns in his golden booty shorts to battle a legion of Greek abs. The *300* sequel promises enough blood spray to make Dexter wince. R. 102m.

**MR. PEABODY AND SHERMAN.** Dr. Who meets Droopy Dog when brainy cartoon pooch Mr. Peabody (Ty Burrell) grapples with a time rift. PG. 92m.

### Continuing

**3 DAYS TO KILL.** A bored Kevin Costner as a CIA tough guy on one final assignment to save his own life *and* spend quality time with his daughter. Not the Luc Besson action movie you hoped for. PG13. 113m.

**AMERICAN HUSTLE.** David O. Russell takes a stellar cast, including Bradley Cooper and Amy Adams, back to the '70s for an ambitious and entertaining ABSCAM-inspired caper. R. 138m.

**FROZEN.** Kristen Bell in some standard Disney Princess fun with Josh Gad as a slapstick snowman. PG. 108m

**HER.** What if HAL crossed with Siri and sounded, you know, hot? Joaquin Phoenix is an introverted writer who falls in love with his upgrade. Like the relationship, it feels surprisingly real. R. 126m.

**LEGO MOVIE.** Underdog, villain, evil plan, destiny, heroism, jokes — the usual stuff, but with Legos! PG. 100m.

**MONUMENTS MEN.** Clooney's squad of artists and curators liberate art from the Nazis. A rousing and impressive detective story. PG13. 118m.

**PHILOMENA.** Steve Coogan helps Judi Dench track down the son who was taken from her as a baby. PG13. 98m.

**POMPEI.** If there's a volcano in the first act, you shouldn't have to wait through so much clichéd romance and gladiator kitsch before it goes off in the third. PG13. 100m.

**RIDE ALONG.** Ice Cube is a scowling cop with plans to terrify his sister's mouthy fiancé Kevin Hart by taking him on patrol. R. 89m.

**ROBOCOP.** A canned remake of the '80s classic about a cop turned cyborg. Neither the movie nor the robot has the chutzpah of the original. PG13. 108m. ●

— Jennifer Fumiko Cahill

## MOVIES

March 7 - March 13

**Fri March 7** - Tank Girl (1995)  
Doors 7:30 p.m., \$5, Rated R

**Sat Mar 8** - Ocean Night ft. A Deeper Shade of Blue (2011), Doors 6:30 p.m., \$3, All ages

**Sun Mar 9** - Mulan (1998)  
Doors at 5:30 p.m., \$5, Rated G

**Wed Mar 12** - Sci Fi Night ft. Troll 2 (1990)  
Doors at 6 p.m., All ages,  
Free w/food & bev Purchase

**Thurs March 13** - Druid Underground Film Festival  
Doors at 7 p.m., \$7, 18+

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## Arts & Crafts

**3 DAY FASHION SEWING INTENSIVE.** Be your own Project Runway! Make a dress form, learn fit techniques, draping, drafting, zippers, & much more. Three full days April 4-6, 10 a.m.-6 p.m., \$190 Enrollment limited! Register today! (707) 442-2646 eurekafabrics@me.com www.eurekafabrics.com

**BEGINNING/INTERMEDIATE DRAWING:** Sat's March 22nd-April 26th. 10 a.m.-12 p.m. Fee \$65. CR Eureka Downtown site at 525 D St. Call (707) 269-4000 to register. (AC-0306)

**HANDBUILDING FOR BEGINNERS & INTERMEDIATES.** \$185. Thurs's, 10 a.m.-noon. (10 weeks) Apr 3-Jun 5. Focus on basic techniques with slabs and coils as applied to a variety of projects. Fire Arts Center, 520 South G St., Arcata. (707) 826-1445, www.fireartsarcata.com (AC-0320)

**MAKING PHOTOGRAPHS 1:** Wed's. March 26th-May 7th. 10am-12pm. Fee \$85. Don't just TAKE photos, learn to MAKE photos with an artistic eye. CR Eureka downtown site at 525 D St. Call (707) 269-4000 to register. (AC-0306)

**SHEEP-TO-SHAWL WOMEN'S RETREAT.** April 4-6, \$325 includes meals, lodging & classes, Day-only Sat April 5, 10 a.m.-5 p.m. includes lunch & classes for \$125, Chetco River Inn 21202 High Prairie Rd. Brookings, Oregon. Imagine spending a picturesque weekend, off-grid overlooking the emerald Chetco River, with wonderful women, sheep and fun! Not only will you observe sheep shearing, but you will have the opportunity to learn hands-on cleaning, carding, spinning, knitting & weaving, as well as felting both wet & dry methods. All levels are welcome. And if you've never gone SheepWalking, this is a must while you are here and truly unforgettable. Space limited register deadline March 15. For more info., and to register contact events.chetcoriverinn@gmail.com

**WHEEL THROWING 1 & 2.** \$185. Wed's, Apr 2-Jun 4, (10 weeks), 3 classes offered: 9-11 a.m., 11:30 a.m.-1:30 p.m., 2 p.m.-4 p.m. Complete intro. to basic wheel-throwing and glazing techniques. Puts you on the road to developing your own personal style. Fire Arts Center, 520 South G St., Arcata. (707) 826-1445, www.fireartsarcata.com (AC-0320)

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## Communication

**INSIDE OUT PARENTING.** Five class series follows the Conscious Parenting process: Self Awareness - What are your feelings and needs, what pushes your buttons, what inspires or drains you? Care of Yourself - Create a Self Care tool kit. Awareness of the Child - Ages and stages, temperament, learning to read cues and match expectations of the child to their ability. Care of the Child - Strategies and tools for creating optimal growth and learning. March 9, - April 6, Class meets Sun. 12-2 in Eureka \$60 paid in full or \$15 per class. Call or text Diana at (775)313-7332 to register. (CMM-0306)

**SIMPLIFY YOUR CHILD'S ROOM.** Is your kid's room a mess? Need inspiration? Too much stuff? Don't know where to start? Learn how you can make your child's bedroom a space that nourishes creative play and restful sleep. Simplifying can minimize conflicts around getting dressed in the morning, putting toys away and bedtime drama. Wed. March 12, 6:30-8:30 p.m. \$10-\$20, Parents only please, except babies in arms. Call or text Diana at 775-313-7332 to register. (CMM-0306)

**TEAM DYNAMICS AND DECISION MAKING.** with Janet Ruprecht. Discover how good teams can make more effective decisions in the workplace. Friday, March 28, 8:30 a.m.-12:30 p.m. Fee: \$95 (includes materials). Pre-registration required. Call HSU College of eLearning & Extended Education at 826-3731 to register, or visit www.humboldt.edu/extended (CMM-0320)

**FINDING A WAY TO FORGIVE EXPLORED AT LIFE-TREE CAFÉ.** How to heal and forgive after being wronged will be discussed at Lifetree Café on Sun., March 2, 2014. Corner of 13th and Union, Arcata. Lifetree is a Conversation Cafe. Free. (707) 672-2919

## Computer

**FACEBOOK FOR BEGINNERS:** Mon's & Wed's. March 17th - April 9th. 5:30-6:30 p.m. Fee \$49. Located at the CR Eureka downtown site at 525 D St. Learn Facebook safety etiquette, groups, and communication tips for keeping up with family and friends. Call (707) 269-4000 to register. (CMP-0306)

**FACEBOOK TO GROW YOUR SMALL BUSINESS:** Mon's & Wed's. March 17th - May 7th. 7-8 p.m. Fee \$99. Located at CR Eureka downtown site at 525 D St. Learn how to use Facebook as a marketing and business growth tool. (707) 269-4000 to register. (CMP-0306)

**INTERMEDIATE MICROSOFT EXCEL.** Explore worksheet design and practice Excel analysis tools such as AutoFilter, PivotTables and advanced formulas and functions with Joan Dvorak. Mondays, March 24-April 14, 6-8 p.m. Fee: \$75. Call HSU College of eLearning & Extended Education at 826-3731 to register, or visit www.humboldt.edu/extended (CMP-0313)

**INTRO TO ADOBE INDESIGN.** Fast-paced, hands-on exploration of Indesign page layout software. Demonstration of tools, menus, palettes, page set-up, master pages, guides and margins, color and more. With Annie Reid. Wednesdays, April 16, 23 and 30, 6:30-9 p.m. and Saturdays, April 26 and May 3, 9 a.m.-12:30 p.m. Fee: \$135. Pre-registration required. Call HSU College of eLearning & Extended Education at 826-3731 to register, or visit www.humboldt.edu/extended (CMP-0313)

## Dance/Music/Theater/Film

**BEGINNING ARGENTINE TANGO.** Learn the dance considered by many to be the most interesting and beautiful of all. Meet new people, have a lot of fun and join our growing community. Class is 5 weeks long starts Wed. Mar 12, 7:30 p.m. at Redwood Raks. More info, (858) 205-9832 or www.tangodelsol.net. (D-0306)

**BEGINNING STEEL DRUM.** Mon. evenings, March 3 -24, 7-8 p.m. & Fri. mornings, March 7-28, 11:30 a.m.-12:30 p.m. Fee: \$50. Pan Arts Network 1049 Samoa Blvd. (707) 407-8998. info@panartsnetwork.com (DMT-0327)

**REDWOOD RAKS WORLD DANCE STUDIO, ARCATA.** West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, 616-6876. (DMT-0327)

**DANCE WITH DEBBIE:** Do you want to dance at the Redwood Coast Jazz Festival in March? Get ready by learning foxtrot & East Coast Swing at North Coast Dance Annex: \$40/person. Foxtrot starts Tues March 4, Swing starts Thurs March 6. 7-8 p.m. beginners, 8-9 p.m. Intermediate. Private lessons are also available. (707) 464-3638 debbie@dancewithdebbie.biz www.dancewithdebbie.biz (DMT-0313)

**MUSIC LESSONS.** Piano, Guitar, Voice, Flute, etc. Piano tuning. Instrument repair. Digital multi-track recording. (707) 476-9239. (DMT-0529)

## Fitness

**DANCE-FIT.** Dance, aerobics & strength training all in one class! Mon., Wed. & Fri. 9-10 a.m. First class is free. Drop in for \$5 per class or 14 classes for \$55. No Limits tap & jazz studio, corner of 10th & K st. Arcata. 825-0922. (F-0327)

**NORTH COAST FENCING ACADEMY.** Fencing (with swords!). Improve your mind and body in a fun, intense workout, and a very chill environment. Ages 8 and up. 1459 M St., Arcata. Contact Justin (707) 601-1657 text or phone, or email northcoastfencingacademy@gmail.com (F-0417)

**PILATES: BUILD A SOLID FOUNDATION AT THE DANCE SCENE STUDIO.** New class starting 2/17. All levels welcome but focus for Spring is Fundamentals & Beginning level exercises. Mon. 11 a.m.-12 p.m., Studio A at newly renovated The Dance Scene Studio (see DanceEureka.com), 1011 H St., Eureka. \$12 class, \$60 for 6 class pass. Call (707) 616-7091 or email krenekluu@yahoo.com for questions. (F-0508)

**PILATES: INCREASE YOUR POTENTIAL THROUGH A MINDFUL MOVEMENT.** Arcata Core Pilates offers beginning-advanced group Pilates Mat, reformer, chair, TRX, as well as Private Training Sessions. Our instructors are all certified. The diversity in training and background makes a deep well for clients to draw from. Call 845-8156 or email arcatacorepilates@gmail.com, website:arcatacorepilatesstudio.com. (F-0327)

**SUN YI'S ACADEMY OF TAE KWON DO.** Classes for kids and adults, child care, fitness gym, and more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0327)

**ZUMBA WITH MARLA JOY.** Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. & Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. Every Tues. & Thurs Vector Pool, Aqua Zumba 9:15 a.m. (3289 Edgewood Rd, Eureka). Every Tue. at Trinidad Town Hall 12 p.m. & every Thur. at Eureka Vets Hall 12 p.m. Marla Joy (707) 845-4307. marlajoy.zumba.com (F-0410)

**ZUMBA WITH MIMI.** Dance fitness to Latin & Pop music, sure to leave you sweaty and smiling! Mon, Wed. & Fri. 9:30 a.m. at Redwood Raks World Dance Center, Old Creamery Building, Arcata. \$5 class or \$50 for 11 class pass. First class free! (F-0327)



## Home & Garden

**KLAMATH KNOT PERMACULTURE DESIGN COURSE.** Earn a Permaculture Design Certificate and learn ecological design, natural building, forest farming, mushroom production, greywater design, rainwater catchment and more in this extended course. (530) 627-3379 mail@sandybar.com, www.KlamathKnot.com (HG-0417)

**SPRING PLANT ID:** Mon's March 24th - May 12th. 2-4:30 p.m. Fee \$80. Call (707) 269-4000 to register. (HG-0306)

## Kids & Teens

**CERAMICS FOR OLDER KIDS, AGES 7-12.** \$80. (Four 5-week classes offered) Mon's 4 p.m.-6 p.m., Mar 3-Apr 28; Mon's 4 p.m.-6 p.m., May 5-June 2; Tues's 4 p.m.-6 p.m., Apr 1-Apr 29; Tues's 4 p.m.-6 p.m., May 6-June 3. Adventure with clay; Learn various hand building and wheel-throwing techniques. Fire Arts Center, 520 South G St., Arcata. (707) 826-1445, www.fireartsarcata.com. (K-0320)

**MUSEUM ART SCHOOL** Studio art classes for youth ages 6-12 at Morris Graves Museum of Art 636 F St., Eureka. 8 week sessions: Tues. 3:45-5 p.m. March 25-May 13 and Weds. 3:45-5 p.m. March 26-May 14. \$85 for members \$90 for nonmembers. (707) 442-0278 (K-0313)

## Languages

**EASY CONVERSATIONAL SPANISH 2:** Mon's. March 10th-March 31st. 5:30 p.m.-7:30 p.m. Fee \$78. Located at the CR Eureka downtown site at 525 D St. This is a quick, fun way for people who already have an elementary knowledge of Spanish to better develop their conversational skills. Call (707) 269-4000 to register. (L-0306)

## 50 and Better

**OSHER LIFELONG LEARNING INSTITUTE (OLLI).** Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1225)

**25 SONGS THAT CHANGED THE WORLD.** Using background details from songwriters, historical perspective and personal stories, this class will explore songs that influence the world both politically and emotionally. With Laura Hennings. Tuesdays, March 11-25, 12-2 p.m., \$55/OLLI members, \$80/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0306)

**HUMBOLDT LINKS TO THE GOLDEN GATE.** Identify the products of industry, prominent individuals, and transportation developments between Humboldt County and the San Francisco Bay Area. With Ray Hillman. Tuesdays, March 11-18, 10 a.m.-12:30 p.m. and Saturday, March 22, 10 a.m.-3 p.m., \$65/OLLI members, \$90/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0306)

**CELEBRATING COMMUNITY WITH SOULCOL-LAGE®.** Learn how your ancestors, family and community are a continual shaping presence in your soul, offering a net of love, support and wisdom. With Marilyn Montgomery. Thursdays, March 27-April 17, 3-5 p.m., \$65/OLLI members, \$90/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0320)

**ART PHOTOGRAPHY WITH YOUR IPHONE OR SMART PHONE.** Make art with your smart phone. Get tips on how to use simple apps to create art with your phone photographs. With Bob Doran. Saturdays, March 15-29, 1-3 p.m., \$55/OLLI members, \$120/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0313)

**FILMS FROM DOWN UNDER: PART TWO.** Philip Wright will screen seven films from sunny Australia. Explore the amazing and diverse culture from down under through films and discussion. Wednesdays, March 12-April 23, 6-9 p.m., \$85/OLLI members, \$110/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0306)

**GREAT DECISIONS-2014.** Join Kia Ora Zeleny to discuss China's Foreign Policy, Climate Change, Turkey, Food Security, Defence Technology, Energy Independence, Islamic Awakening and U.S. Trade Policy. Thursdays, March 13-May 8, 12-2 p.m., \$95/OLLI members, \$120/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0306)

**PREPARE FOR D-DAY:** Join the French Resistance! Practice speaking French by re-enacting the French Resistance in World War II. With Suzanne Gilbert. Fridays, March 7-April 4, 10 a.m.-noon, \$65/OLLI members, \$90/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0306)

**MARY OLIVER:** Nature's Poet of Vision, Mystery & Spirit. Delve into a selection of the works of Mary Oliver published during her 40 years as a writer. With Bonnie Shand. Tuesdays, March 25-April 15, 1-3 p.m., \$65/OLLI members, \$90/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0320)

**MINDFULNESS MEDITATION.** Practice the attitude of open awareness, develop concentration, relaxation and loving-kindness. With Lauris Phillips. This class is held in Garberville. Wednesdays, March 12-26, 10 a.m.-noon., \$55/OLLI members, \$80/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0306)

**NORTH COAST ARTISTS SHOWCASE 2014.** Features six noted Humboldt County artists who will share their work and talk about the process of making art. In a very special appearance, we will have Robert Yarber, President of the Morris Graves Foundation, talk about Morris Graves' artwork. Other featured artists include: Micki Dyson-Flatmo, Suk Choo Kim, George Bucquet, Emily Silver, Teresa Stanley. Facilitated by Amy Uyeki. Wed's, March 26-April 30, 4:30-6 p.m., \$80/OLLI members only. OLLI: www.humboldt.edu/olli, 826-5880 (O-0320)

**OUR PATHWAYS TO HEALTH.** Discover a wide variety of self-management tools and goal setting techniques to improve health and well being. With Marion Love and Pam Smith. Mondays, March 17-April 21, 2-4:30 p.m., \$5/OLLI members only. OLLI: 826-5880, www.humboldt.edu/olli (O-0313)

**RETIRING BOOMERS:** Thriving, not just surviving! Tues's March 18th-April 8th. 2-4 p.m. Fee \$59. Join this interactive class and start sharing your ideas and challenges with each other, rather than going it alone. CR Eureka downtown site at 525 D St. Call (707) 269-4000 to register. (O-0306)

**FREE MEDICARE WORKSHOPS.** Offered by Area 1 Agency on Aging's trained HICAP counselors the second Thurs. of every month through Aug. Hour-long workshops make Medicare understandable. Drop by second floor conference room at AIAA, 434 Seventh St., Eureka. Next class: Supplementing Medicare, 4-5 p.m., March 13. On deck: Prescription Drug Plans, April 10, 4-5 p.m. (O-0313)

**OUR WORLD WAR II HOMEFRONT.** Learn what was going on along the Humboldt County coast during WWII through lecture, slideshow and field trip with Ray Hillman. Mondays, March 24-31, 10 a.m.-12:30 p.m. and Saturday, April 5, 10 a.m.-3 p.m., \$65/OLLI members, \$90/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0320)

**PILATES PLUS FOR OLLI.** Build a stronger, healthier body. Improve posture, balance and flexibility with the elegant and flowing movements of Pilates. With Joanne Fornes. Wednesdays, March 19-April 23, 4:30-6 p.m., \$70/OLLI members, \$95/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0313)

**OLLI'S ARMCHAIR TRAVELER: RAILROAD!** There were more railroads in Humboldt County than just the Northwestern Pacific. Let Jerry and Gisela Rohde show you several - built and unbuilt, famous and obscure. Saturday, March 8, 1-3 p.m., \$30/OLLI members, \$55/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0306)

**SEEKING BALANCE.** Join Dr. Justus Ortega for a day of balance and fall risk assessment; discuss the implications of reduced balance and provide strategies for improving stability and reducing the risk of falls. Thursdays, March 27-April 3, 2-4 p.m., \$45/OLLI members, \$70/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0320)

**TAI CHI MADE EZ.** Learn a short version of Tai Chi made up of simple, smooth, circular movements designed to stretch, limber, tone & strengthen the body. With Glenda Hesselstine. Mondays, March 17-April 21, 3-4:30 p.m., \$70/OLLI members, \$95/nonmembers. OLLI: www.humboldt.edu/olli, 826-5880. (O-0313)

**THE ARCHAEOLOGY AND CULTURE OF THE VIKINGS.** Examine the Viking Age and it has infiltrated our modern society through film, books and television. With Barbara Klessig. Mondays, March 24-April 21, 4-6 p.m., \$70/OLLI members, \$95/nonmembers. OLLI: www.humboldt.edu/olli, 826-5880 (O-0320)

**YOGA FOR EVERY BODY.** Come enjoy classes adapted for all bodies and levels. Gentle Yoga with Deborah Terrell. Wed's 9-10:15 a.m. & Sun's 10-11:15 a.m.. Slow Flow Yoga Nidra with Anna O'Gorman, Tues's 5-6:30 p.m. And Relax Deeply with Jodie DiMinno Sun's 6:30-8 p.m. 858 10th St., Arcata. 825-YOGA (9642). www.omshalayoga.com. (O-0327)

**INTRODUCTION TO STEEL DRUMS.** Learn to play the steel drums with Kate Lang-Salazar in this fun and enriching class! New classes begin each month for students of all levels. No previous musical training required. Fridays, March 7-28, 11:30 a.m.-12:30 p.m. \$50/OLLI members, \$75/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli (O-0306)

## Spiritual

**ARCATA ZEN GROUP MEDITATION.** Arcata & Eureka. Beginners welcome. ARCATA: Sun's 7:55 a.m. At NorthCoast Aikido on F Street (entrance in alley between 8th and 9th, upstairs). Call 826-1701 or visit arcatazengroup.org. EUREKA: Wed's 5:55 p.m., First Methodist Church, enter single story building between F & G on Sonoma St, room 10. Call 845-8399 or barryevans9@yahoo.com for more information. (S-0327)

**KDK ARCATA BUDDHIST GROUP.** Under the direction of Lama Lodru Rinpoche. We practice Tibetan meditation, followed by discussion. All are welcome. For more info contact Lama Nyugu (707) 442-7068, Fierro\_roman@yahoo.com. Sun's 6 p.m., Community Yoga Center 890 G St, Arcata. Our webpage is www.kdkarcatagroup.org (S-0327)

**TAROT AS AN EVOLUTIONARY PATH.** Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240  
www.tarotofbecoming.com (S-0327)

## Therapy & Support

**ALCOHOLICS ANONYMOUS.** We can help 24/7, call toll free 1-844-442-0711. (T-0327)

**FREE DEPRESSION SUPPORT GROUP.** Walk-in support group for anyone suffering from depression. Meet Mon's 6:30 p.m.-7:45 p.m, at the Church of the Joyful Healer, McKinleyville. Questions? Call (707) 839-5691. (TS-0327)

**NICOTINE ADDICTION RECOVERY MEETINGS.** Mon's, 7-8 p.m, at American Cancer Society Conference Rm., 2942 F St., Eureka, for details call local Nicotine Anonymous affiliate (707) 499-0224. (T-0410)

**SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS ?** Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-0327)

**SMOKING POT? WANT TO STOP?**  
www.marijuana-anonymous.org (T-0731)

## Vocational

**FUNDRAISING FOR NONPROFITS:** Fundraising for Nonprofits: Tools for Big Gifts. Overview of tools and techniques used to identify, cultivate and solicit big gifts and develop, market and manage capital campaigns, planned giving and major gifts programs. Tuesdays, March 25-April 15, 6-8 p.m. Fee: \$195. Discount available to members of NorCAN. To enroll, call HSU College of eLearning & Extended Education: 826-3731 or visit www.humboldt.edu/fundraisingcertificate (V-0313)

**NOTARY TRAINING.** This one-day seminar for new and renewing notaries provides the practical training needed to pass the comprehensive exam required for all California Notaries. Friday, March 21, 8:30 a.m.-4 p.m. Fee: \$149 plus additional for live scan, photo and exam. Pre-registration required by March 14. Call HSU College of eLearning & Extended Education at 826-3731 to register, or visit www.humboldt.edu/extended/notary (V-0306)

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**BEGINNING BOOKKEEPING:** Tues's. & Thurs. March 18th-May 22nd. 9 a.m.-1 p.m. Fee \$595. CR Community Education at 525 D St. Call (707) 269-4000 to register. (V-0306)

**DIY WEDDING PLANNING WORKSHOP SERIES: CAKES!!!** Making your own wedding cake? Get hands-on exp. tips and tricks with Boujie Baking Co. 6-8 p.m., Tue, March 11, Boujie Bakery. \$35/advance, \$40/day-of. Only 20 seats, must RSVP to galaeventsandweddings@gmail.com to register.

**FIRST TIME SUPERVISOR:** Tues's. & Fri's. March 18th-May 23rd. 1:30-3:30 p.m. Fee \$595. CR Community Education at 525 D St. Call (707) 269-4000 to register. (V-0306)

## Wellness & Bodywork

**AYURVEDIC PRACTITIONER TRAINING.** At North-west Institute of Ayurveda, Learn: Nutrition, Herbs, Yoga, Meditation, Aromatherapy, Massage, Colors, Spiritual Philosophy, Patient Assessment & Counseling Skills. Starts March 14, 1 weekend/month, Payment Plan Option, REGISTER: (707) 601-9025, online [www.ayurvedicliving.com](http://www.ayurvedicliving.com) (W-0313)

**AYURVEDIC SELF-CARE & COOKING IMMERSION.** With Traci Webb, Enjoy Daily Meditation, Breath-work, Yoga, Chanting, Ayurvedic Self-Care, Cooking Lessons & Delicious Lunch, March 28-30, \$250, REGISTER: 601-9025, or [www.ayurvedicliving.com](http://www.ayurvedicliving.com) (W-0327)

**CHAKRA JOURNEY TO THE HEART.** At Om Shala Yoga. With Peggy Profant. 5 Tues. evenings, March 4-April 1. 7-9 p.m. Cultivate deeper self-knowing and awareness and balance your energy through asana, meditation, visualization, journaling. No prerequisites. Appropriate for all levels. \$75 if paid by February 25, \$90 after. 858 10th St., Arcata. 825-YOGA (9642), [www.omshalayoga.com](http://www.omshalayoga.com) (W-0306)

**DANDELION HERBAL CENTER.** Classes with Jane Bothwell. Intermediate Herbology, April 16-June 11 2014, 8 Wed. evenings. Delve deeper into herbal therapeutics from a holistic perspective. High Country Herb Weekend with Jane & Allison Poklemba, June 5-6. Come join us on the top of the world with majestic mountains, lakes and wildflowers at this special botanical preserve. Register online [www.dandelionherb.com](http://www.dandelionherb.com) or call (707) 442-8157. (W-0410)

**DIY NATURAL FAMILY HEALTH PREVENTING AND CARING FOR ILLNESS WITH HERBAL AND NATURAL REMEDIES.** Many parents feel fearful, unprepared or inadequate to handle their family's healthcare needs. Join registered clinical herbalist and Ayurvedic Practitioner Greta de la Montagne and Diana Nunes Mizer, trained Midwife and 17-year parent coach in this informative workshop as they share tried and true methods they have used successfully with their own children and family members. Sharpen your skills around identifying and preventing illness, create an environment for healing, learn tips in caring for a sick child or family member. From everyday ailments such as colds, teething & earaches for the little one and assessing whether further medical attention is required for a teenager with a sports injury, the plants offer us a different type of health insurance. Thurs. March 13, 6:30-8:30 p.m., Humboldt Herbals, 300 2nd St., Eureka. Cost sliding scale, \$15-\$25. Please pre-register by calling (707) 442-3541 (W-0313)

**START YOUR CAREER IN MASSAGE THERAPY.** Evening classes begin March 10, 2014 at Arcata School of Massage. 650-Hour Therapeutic Massage Certification in California, and the National Exam. Our comprehensive program prepares your body, mind and heart to become a caring, confident professional massage therapist. Call 822-5223 for information or visit [arcatamassage.com](http://arcatamassage.com) (W-0327)

**T'AI CHI WITH MARGY EMERSON.** At 1049 C Samoa Blvd., Arcata (K St. & Samoa). Three programs: T'ai Chi for Back Pain and Arthritis, Traditional Long Form (Wu Style), and The 42 Combined Forms (all 4 major styles). Daytime and evening classes. 11-week term starts March 24. Begin as late as the third week. Visit a class with no obligation to pay or enroll. See [www.margaretemerson.com](http://www.margaretemerson.com) or call 822-6508 for details. (W-0327)

**YOGA THERAPY FOR LOW BACK PAIN, SCIATICA & HIPS.** At Om Shala Yoga. With Christine Fiorentino. Sun., March 16. 2-4 p.m. Learn therapeutic principles to create more stability and core strength and ease low back pain. No experience or flexibility required! \$25 if paid by March 9, \$35 after. 858 10th St., Arcata. 825-YOGA (9642), [www.omshalayoga.com](http://www.omshalayoga.com) (W-0306)

CROSSWORD

By David Levinson Wilk

1	2	3	4	5	6		7	8	9	10		11	12	13
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65					66					67				
68					69					70				

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### ACROSS

1. They might be inflated
7. Nasty habit
11. Steamrolled stuff
14. Amusement park vehicle
15. "Star Wars" creature whose name can be made using letters from "Wookiee"
16. "So that's it!"
17. Title girl in a 2001 French comedy
18. Limping, say
19. Seoul soldier
20. Sang like Sinatra
22. Mrs., abroad
23. Hotel entrance lineup
27. Ship-related: Abbr.
28. "The Chosen \_\_\_\_" (slogan of the beverage brand He'Brew)
29. Senator Hatch
31. Shake
34. Bert and Ernie, e.g.
36. Afternoon movie
40. More sluggish
41. Less than every
42. Schnoz
44. Cattle drive participant
45. Hard Italian cheese
47. All-female group's policy
48. Opposite of sans
51. "99 Luftballons" singer
53. Leaning Tower site
54. Ariz. neighbor
55. Revolts
58. Sea goddess who saved Odysseus
59. In a frenzy
60. Engaged in swordplay
65. 2009 Kesha hit "Tik \_\_\_\_"
66. Tag, e.g.
67. Highlighted, as text
68. \_\_\_\_ Zion Church
69. Golden State campus inits.
70. "I'm fine with that" (or an instance that occurs seven times in this puzzle's grid)

### DOWN

1. Augusta National org.
2. Neighbor of Ukr.
3. Mike and \_\_\_\_ (candy)
4. Berkeley campus nickname
5. "South Park" boy
6. Severe
7. Tracksuit fabric
8. "Gimme those!"
9. Arrive
10. Barely managed, with "out"
11. Singer known as "The Velvet Fog"
12. "Oh, give me \_\_\_\_ ..."
13. Host of the Weather Channel's "Wake Up With Al"
21. Cheerios are made with them
23. Peace \_\_\_\_
24. Forster's "\_\_\_\_ With a View"
25. Flat condition?
26. Gerber rival
28. Genre for the Spice Girls and Oasis
30. Nobelism Bohr
32. Hernando's hand
33. Boy band with the hit "Liquid Dreams"
35. "A special laurel \_\_\_\_ go": Whitman
37. Supermodel Campbell
38. Hollywood's Sommer et al.
39. Kagan whose high school yearbook page quotes Justice Felix Frankfurter
43. Payments for releases
44. Takes for a ride
46. Talked excitedly about the latest iPhone, say, with "out"
48. Soulful Baker
49. Poison
50. Call forth
52. Part of A/V
55. Classico competitor
56. Apple computer
57. No-goodnik
61. Backward flow
62. Myrna of film
63. Tree in many street names
64. RMN served under him

### LAST WEEK'S ANSWERS TO GORE TECHS

P	G	A		S	W	I	S	H		O	H	W	O	W
O	U	R		T	E	N	A	M		C	O	I	N	A
P	I	E	W	R	E	C	K	S		T	U	N	E	D
L	A	N	A		K	A	I		M	A	D	D	I	E
A	N	O	L	D				C	A	R	N	I	E	
R	A	W	D	A	T	A		S	T	E	N	C	I	L
			O	D	E	S	S	A			I	K	I	D
I	A	M		E	X	L	A	C	K	S		S	I	S
C	P	A	S			O	C	A	S	E	K			
K	E	Y	E	D	U	P		T	U	N	A	S	U	B
		L	A	U	D	E	R		S	T	I	N	E	
B	L	O	T	T	O		H	U	B		I	T	S	A
L	A	C	T	I		G	O	R	E	T	E	C	H	S
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2	3			5				9	4



## NOTICE OF PETITION TO ADMINISTER ESTATE OF MATTHEW BAKER SCIDMORE, AKA MATTHEW B. SCIDMORE CASE NO. PR140044

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, MATTHEW BAKER SCIDMORE, aka MATTHEW B. SCIDMORE

A PETITION FOR PROBATE has been filed by ABRA LABARRE In the Superior Court of California, County of Humboldt.

THE PETITION FOR PROBATE requests that ABRA LABARRE be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on March 20, 2014 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept: 8.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special

Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: Joshua R. Kaufman Stokes, Hamer, Kaufman & Kirk, LLP 381 Bayside Road Arcata, CA. 95521 (707) 822-1771 February 13, 2014 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

2/20, 2/27, 3/6/2014 (14-61)

## NOTICE OF PETITION TO ADMINISTER ESTATE OF MICHAEL L. MENEGAY CASE NO. PR140042

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, MICHAEL MENEGAY, MICHAEL L. MENEGAY, MICHAEL LAWRENCE MENEGAY

A PETITION FOR PROBATE has been filed by MARJORIE MCKENNY In the Superior Court of California, County of Humboldt.

THE PETITION FOR PROBATE requests that MARJORIE MCKENNY Be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on April 7, 2014 at 8:30 a.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept: 1.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date

of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: Stephen G. Watson SBN#112171 Law Offices of W.G. Watson, Jr. 715 I Street Eureka, CA. 95501 (707) 444-3071 February 19, 2014 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT 2/27, 3/6, 3/13/2014 (14-68)

## NOTICE OF PETITION TO ADMINISTER ESTATE OF ROBERT W. MATHIS, AKA ROBERT WILLIAM MATHIS CASE NO. PR140050

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, ROB MATHIS

A PETITION FOR PROBATE has been filed by JUDITH E. POOVEY In the Superior Court of California, County of Humboldt.

THE PETITION FOR PROBATE requests that JUDITH E. POOVEY Be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on March 20, 2014 at 2:00 p.m.

at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept: 8.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: James D. Poovey, C.S.B. # 83955 Davis & Poovey, Inc. 937 Sixth Street Eureka, CA. 95501 (707) 443-6744 February 14, 2014 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT 2/27, 3/6, 3/13/2014 (14-65)

## NOTICE OF HEARING ON SELECTION OF A PERMANENT PLAN NOTICE TO JOHN HENRY LEE, III, DOB: 08/21/1997 CASE NO. 53-003453 CASE NAME: RANAE FULTON SUPERIOR COURT OF CALIFORNIA, COUNTY OF PLACER 11270 B AVENUE, AUBURN, CA. 95603 BRANCH D12

A HEARING under Welfare and Institutions Code section 366.26 has been set for the date and time below. At the hearing the court may terminate parental rights and free the child for adoption, order tribal customary adoption, establish legal guardianship, or place the child in a planned permanent livings arrangement. You have the right to be present at this hearing and have a attorney represent you.

A hearing will be held on 04/24/2014, at 9:00 a.m. in Dept. 1, located

at Historical Court House, 101 Maple Street, Auburn, CA. 95603.

At the hearing, the court will consider the recommendation of the social worker or probation officer and make an order concerning the following children RANAE FULTON.

The Social Worker Recommends Termination of parental rights and implementation of a plan of adoption.

TO THE PARENTS, GUARDIANS, AND CHILDREN: You have the right to be present at the hearing, to present evidence, and to be represented by an attorney. In a dependency matter, the court will appoint an attorney for you if you cannot afford one.

Prior to the hearing, the social worker or probation officer will prepare an assessment report with recommendations. Parents and guardians must be provided with a copy of this report. The social worker's report is not attached.

If the court orders termination of parental rights, the order may be final.

The court will proceed with the hearing whether or not you are present.

Dated: 02/05/2014

/s/ Theresa Bardakjian, Sr. Admin Clerk

ATTORNEY FOR PLACER COUNTY HHS/CSOC GERALD O. CARDEN, COUNTY COUNSEL, SBN: 093599 PLACER COUNTY COUNSEL/ HHS DIVISION 147 FULWEILER AVE. AUBURN, CA. 95603 (530) 886-4630

2/13, 2/20, 2/27, 3/6/2014 (14-50)

## NOTICE OF PETITION TO ADMINISTER ESTATE OF THOMAS BRUCE BENKINNEY CASE NO. PR140063

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, THOMAS BRUCE BENKINNEY; THOMAS BENKINNEY; TOM BENKINNEY

A PETITION FOR PROBATE has been filed by ELLEN BENKINNEY In the Superior Court of California, County of Humboldt.

THE PETITION FOR PROBATE requests that ELLEN BENKINNEY Be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal

representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on April 7, 2014 at 8:30 a.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept: 4.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: Stephen G. Watson SBN#112171 Law Offices of W.G. Watson, Jr. 715 I Street PO Drawer 1021 Eureka, CA. 95501 (707) 444-3071 March 3, 2014 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT 3/6, 3/13, 3/20/2014 (14-82)

## PUBLIC SALE

NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700 -21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the civil Code.

The undersigned will sell at public sale by competitive bidding on the 19th of March, 2014, at 9:00 AM, on the premises where said property has been stored and which are



located at Rainbow Self Storage, at 4055 Broadway Eureka, Ca, County of Humboldt the following: Janet Polizzi, Unit # 5006 Carolyn Lucas, Unit # 5113 Peggy Clark, Unit # 5132 Nicholas Rabah, Unit # 5226 Kathy Gleeson, Unit # 5256 Sheila Bates, Unit # 5525 Ryan Hedding, Unit # 5539 (Held in Co. Unit)

The following units are located at 639 W. Clark Street Eureka, Ca, County of Humboldt and will be sold immediately following the sale of the above units.

Kathy Gleeson, Unit # 2103 William Burns, Unit # 2412 (Held in Co. Unit) Patricia Dockstader, Unit # 2416 Linda Stewart, Unit # 3115 Lee Winsor, Unit # 3208 Jimmy Evanow, Unit # 3408 Kathy Gleeson, Unit # 3411 Tobin Steiskal, Unit # 3418

The following units are located at 3618 Jacobs Avenue Eureka, Ca, County of Humboldt and will be sold immediately following the sale of the above units.

Terry Lange, Unit # 1170 Tobin Steiskal, Unit # 1661 Christopher Abbott, Unit # 1686

The following units are located at 105 Indianola Eureka, Ca, County of Humboldt and will be sold immediately following the sale of the above units.

Shelley Aubrey, Unit # 224 Timothy Palmer, Unit # 364 Kathy Gleeson, Unit # 414

Items to be sold include, but are not limited to: Household furniture, office equipment, household appliances, exercise equipment, TVs, VCR, microwave, bikes, books, misc. tools, misc. camping equipment, misc. stereo equip. misc. yard tools, misc. sports equipment, misc. kids toys, misc. fishing gear, misc. computer components, and misc. boxes and bags contents unknown.

Purchases must be paid for at the time of the sale in cash only. Anyone interested in attending the auction must sign in at 4055 Broadway Eureka CA. prior to 9:00 A.M. on the day of the auction, no exceptions. All purchase items sold as is, where is and must be removed at time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party. Auctioneer: Rainbow Self-Storage, 707-443-1451, Bond # 40083246. Dated this 6th day of March 2014 and 13th day of March 2014 3/6. 3/13/2014 (14-76)

**FBN  
statements:  
\$55  
442-1400**

## SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COUNTY OF HUMBOLDT NOTICE OF INTENTION TO SALE REAL PROPERTY AT PRIVATE SALE IN THE ESTATE OF JOHN A. MELLO CASE NO. PR130081

NOTICE IS HEREBY GIVEN that, subject to confirmation by this court on April 3, 2014 at 2:00 p.m., or thereafter within the time allowed by law, in Department 8, of the above Court, the personal representative of the estate of JOHN MELLO, will sell at private sale to the highest and best net bidder on the terms and conditions hereinafter mentioned, all right, title and interest that the estate has acquired in addition to that of the decedent in the real property located in Humboldt County, California, as described in Exhibit A, attached hereto

### Exhibit "A"

THE LAND REFERRED TO HEREIN BELOW IS SITUATED IN THE COUNTY OF HUMBOLDT, STATE OF CALIFORNIA, AND IS DESCRIBED AS FOLLOWS:

### PARCEL ONE

Parcel 2 as shown on Parcel Map No. 3231, filed May 10 2000, in Book 30 of Parcel Map, Page 86 and 87, Humboldt county Recorders. EXCEPTING THEREFROM an undivided 1/2 interest in and all petroleum, oil, gas or mineral products, as reserved by Charles M. Tomlinson, by Deed recorded in Book 218 of Deed, Page 120.

### PARCEL TWO

A non-exclusive easement for ingress, egress and public utilities, 20 feet in width, the center line of which is the North line of the South Half of the Southeast Quarter of Northwest Quarter of section 31, Township 7 North, Range 1 East, Humboldt Meridian, being the same conveyed to Charles M. Tomlinson by Hilma Eggert, by Deed dated December 14, 1934

### PARCEL THREE

A non-exclusive easement for drainage over, under and across Parcel C, AS SHOWN ON SAID Parcel Map No. 3215

This property is commonly referred to as 1180 Eucalyptus Rd., McKinleyville, California, AP# 510-193-005-000

The sale is subject to current taxes, covenants, conditions, restrictions, reservations, right, rights-of-way and easements of record, with any encumbrances of record to be satisfied from the purchase price. Bid or offers are invited for this property and must be in writing and will be received at the office of Kelly M. Walsh, Mathews, Kluck, Walsh & Wykle, LLP, 100 M Street, Eureka, California, attorneys for the personal representative of the estate, at any time after the first publication of this notice and

before any sale is made.

The Property will be sold on the following terms: cash or such credit terms and conditions as are acceptable to the undersigned and to the court. Ten percent of the amount bid to accompany the offer by certified check. DATED February 28, 2013 Mathews, Kluck, Walsh & Wykle, PPL

/s/ By: Timothy J. Wykle Attorney for Petitioner Timothy J.Wykle, SB# 216943 Mathews, Kluck, Walsh & Wykle, LLP Attorneys at Law 100 M Street Eureka, CA. 95501 (707) 442-3758

3/6, 3/13, 3/20/2014 (14-81)

## SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH STREET, EUREKA, CA. 95502-0024 REQUEST FOR ORDER CHILD CUSTODY, VISITATION, CHANGE VENUE IF RESPONDS, CHILD'S RESIDENCE SONOMA COUNTY RESPONDENT LINDA COOLEY CASE NO: FL100285

Petitioner BRIAN CHASE requests for order Child Custody, Visitation, change venue if responds Child's Residence Sonoma County. To LINDA COOLEY

A hearing on this Request of Order will be held as follows: If the child custody or visitation is an issue in this proceeding, Family Code section 3170 requires mediation before or at the same time as the hearing. DATE 3/19/2014, 8:30 a.m., Dept. 7, 825 Fifth Street, Eureka, CA. 95502-0024

REQUEST FOR ORDER AND SUPPORTING DECLARATION Petitioner BRIAN CHASE requests the following orders:

A. CHILD CUSTODY: WYATT C. CHASE, age 7  
B. Legal custody to BRIAN CHASE  
C. Physical custody to BRIAN CHASE

Requesting Reasonable visitation to Respondent at Respondent's expense.

OTHER RELIEF: If Respondent files a response, then change venue to Sonoma County, CA. Child's place of residence shall be Sonoma County and shall not be changed in the absence of a written agreement between the parents or a court order. Dated January 16, 2014 /s/ LAURENCE S. ROSS LAURENCE S. ROSS, CSB # 161095 LAW OFFICE OF DONALD W. BICK-NELL PO BOX 24 EUREKA, CA. 95502-0024 (707) 443-2429

2/13, 2/20, 2/27, 3/6/2014 (14-51)

**Tell them you saw it here when you call!**

## ORDER TO SHOW CAUSE FOR CHANGE OF NAME AMYA KIARA DEVINE OHLS CASE NO. CV140079 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH STREET EUREKA, CA 95501

PETITION OF: BROOKE EBERHARDT TO ALL INTERESTED PERSONS: Petitioner: BROOKE EBERHARDT For a decree changing names as follows: Present name: AMYA KIARA DEVINE OHLS

To Proposed Name: AMYA KIARA EBERHARDT THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING Date: March 25, 2014 Time: 1:45 p.m., Dept. 8 Superior Court of California, County of Humboldt 825 Fifth Street Eureka, CA. 95501 Date: February 07, 2014 Filed: January 07, 2014 /s/ W. Bruce Watson Judge of the Superior Court

2/20, 2/27, 3/6, 3/13/2014 (14-63)

## STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. 13-00675

The following person have abandoned the use of the fictitious business name **INDEPENDENT VOLVO SERVICE**, 33 Charlton Road, Blue Lake, CA.95525, PO Box 322 Bayside, CA. 95524 The fictitious business name was filed in HUMBOLDT County on 12/13/13

**Anderson C. Adams PO Box 912 Blue Lake, CA. 95525**

This business was conducted by: Individual

/s/ Anderson C. Adams This state was files with the HUMBOLDT County Clerk on the date Feb. 14, 2014

I hereby certify that this copy is true and correct copy of the original statement on file in my office CAROLYN CRNICH Humboldt County Clerk 2/20, 2/27, 3/6, 3/13/2014 (14-58)

2/20, 2/27, 3/6, 3/13/2014 (14-58)

## FICTITIOUS BUSINESS NAME STATEMENT 14-00127

The following person is doing Business as **NAPA AUTO PARTS OF GARBERVILLE** at 655 Redwood Drive, Garberville, CA. 95542

**Clary Auto Parts, Inc. 655 Redwood Drive Garberville, CA. 95542**

The business is conducted by a Corporation The date registrant commenced to transact business under the fictitious business name or name listed above on Nov. 1, 2012 I declare the all information in this statement is true and correct.

(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

/s/ Jimmy L. Clary This statement was filed with the County Clerk of Humboldt County on Feb. 18, 2014 CAROLYN CRNICH Humboldt County Clerk

2/27, 3/6, 3/13,3/20/2014 (14-66)

## FICTITIOUS BUSINESS NAME STATEMENT 14-00137

The following person is doing Business as **J & M BUILDER'S** at 1141 Ridgewood Dr., Eureka, CA. 95503 **Jason Shawn Sefton 1141 Ridgewood Dr. Eureka, CA. 95503**

The business is conducted by a Corporation The date registrant commenced to transact business under the fictitious business name or name listed above on n/a

I declare the all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

/s/ Jason Sefton, Owner This statement was filed with the County Clerk of Humboldt County on Feb. 24, 2014 CAROLYN CRNICH Humboldt County Clerk

3/6, 3/13, 3/20, 3/27/2014 (14-73)

## FICTITIOUS BUSINESS NAME STATEMENT 14-00085

The following person is doing Business as **RAW NEW WORLD** at 1088 9th St., Arcata, CA. 95521, PO Box 552, Arcata, CA. 95518

**Peter C. Koufis 1088 9th St. Arcata, CA. 95521**

The business is conducted by an Individual The date registrant commenced to transact business under the fictitious business name or name listed above on 2/5/14 I declare the all information in this statement is true and correct.

(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

/s/ Peter C. Koufis This statement was filed with the County Clerk of Humboldt County on Feb. 05, 2014 CAROLYN CRNICH Humboldt County Clerk

2/20, 2/27, 3/6, 3/13/2014 (14-57)

## FICTITIOUS BUSINESS NAME STATEMENT 14-00082

The following person is doing Business as **COMPASS CARPENTRY** at 129 W. Clark St., Eureka, CA. 95501 **Shawn Herlihy 129 W. Clark St. Eureka, CA. 95501**

The business is conducted by an Individual The date registrant commenced to transact business under the fictitious business name or name listed above on 01/01/2014

I declare the all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).

/s/ Shawn Herlihy, Owner This statement was filed with the County Clerk of Humboldt County on Jan. 04, 2014 CAROLYN CRNICH Humboldt County Clerk

2/13, 2/20, 2/27, 3/6/2014 (14-45)





**FICTITIOUS BUSINESS NAME  
STATEMENT 14-00097**

The following person is doing Business as **NAPA AUTO PARTS OF ARCATA** at 1225 Guintoli Lane, Arcata, CA. 95521, 605 SE 7th St., Grants Pass, OR., 97526-3166 **GDMI Enterprises, Inc.** **605 SE 7th, St.** **Grants Pass, OR. 97526-3166** **AI #0121844 (Georgia)** **AI # C3428856 (California)** The business is conducted by a Corporation  
The date registrant commenced to transact business under the fictitious business name or name listed above on Feb. 1, 2014  
I declare the all information in this statement is true and correct.  
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).  
/s/ Dave Marcus, President, GDMI Enterprises, Inc.  
This statement was filed with the County Clerk of Humboldt County on Feb. 07, 2014  
CAROLYN CRNICH  
Humboldt County Clerk

2/13, 2/20, 2/27, 3/6/2014 (14-52)

**FICTITIOUS BUSINESS NAME  
STATEMENT 14-00046**

The following person is doing Business as **NORTH COUNTY GROUNDWORKS** at 3415 Montgomery St., Eureka, CA. 95503 **Joseph Patrick Knowlton** **3415 Montgomery St.** **Eureka, CA. 95503** The business is conducted by an Individual  
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a  
I declare the all information in this statement is true and correct.  
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).  
/s/ Joseph Knowlton  
This statement was filed with the County Clerk of Humboldt County on Jan. 17, 2014  
CAROLYN CRNICH  
Humboldt County Clerk

2/13, 2/20, 2/27, 3/6/2014 (14-46)

**FICTITIOUS BUSINESS NAME  
STATEMENT 14-00083**

The following persons are doing Business as **FATBOL** at 1063 H St., Arcata, CA. 95521 **Brian Swislow** **165 Garen Lane** **Bayside, CA. 95524** **Chris Noonan** **4401 San Leandro St., #14** **Oakland, CA. 94601** The business is conducted by a General Partnership  
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a  
I declare the all information in this statement is true and correct.  
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).  
/s/ Brian Swislow, Owner/ Partner  
This statement was filed with the County Clerk of Humboldt County on Feb. 04, 2014  
CAROLYN CRNICH  
Humboldt County Clerk  
2/20, 2/27, 3/6, 3/13/2014 (14-55)

2/20, 2/27, 3/6, 3/13/2014 (14-55)

**FICTITIOUS BUSINESS NAME  
STATEMENT 14-00035**

The following person is doing Business as **ARTISAN FARMS** at 2500 Brannan Mt., Rd. Willow Creek, CA. 95573, PO Box 1211, Willow Creek, CA. 95573 **Jeremy George Laros** **2500 Brannan Mt., Rd.** **Willow Creek, CA. 95573** The business is conducted by an Individual  
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a  
I declare the all information in this statement is true and correct.  
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).  
/s/ Jeremy George Laros  
This statement was filed with the County Clerk of Humboldt County on Jan. 14, 2014  
CAROLYN CRNICH  
Humboldt County Clerk

2/13, 2/20, 2/27, 3/6/2014 (14-53)

**FICTITIOUS BUSINESS NAME  
STATEMENT 14-00130**

The following person is doing Business as **HORIZON RENTAL SERVICES** at 3853 Glenwood Street, Eureka, CA. 95501, PO Box 6533, Eureka, CA. 95502 **Horizon Realty Services** **3853 Glenwood Street** **Eureka, CA. 95501** **AI#ON 01514339** The business is conducted by a Corporation  
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a  
I declare the all information in this statement is true and correct.  
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).  
/s/ Sean Crowder, President, Horizon Realty Services  
This statement was filed with the County Clerk of Humboldt County on Feb. 19, 2014  
CAROLYN CRNICH  
Humboldt County Clerk

2/27, 3/6, 3/13, 3/20/2014 (14-67)

**FICTITIOUS BUSINESS NAME  
STATEMENT 14-00134**

The following person is doing Business as **RAINDROP VALLEY PRODUCTIONS**, at 1524 Hilfiker Drive, Arcata, CA. 95521, PO Box 816, Arcata, CA. 95518 **Jenney May Hall** **1524 Hilfiker Drive** **Arcata, CA. 95521** The business is conducted by an Individual  
The date registrant commenced to transact business under the fictitious business name or name listed above on 10/13/2013  
I declare the all information in this statement is true and correct.  
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).  
/s/ Jenney May Hall  
This statement was filed with the County Clerk of Humboldt County on Feb. 21, 2014  
CAROLYN CRNICH  
Humboldt County Clerk

3/6, 3/13, 3/20, 3/27/2014 (14-74)

**FICTITIOUS BUSINESS NAME  
STATEMENT 14-00144**

The following persons are doing Business as **HUMBOLDTS BEST, ROBERTS DISRIBUTING** at 1984 Tompkins Hill Rd., Loleta, CA. 95551 **Steven Roberts** **1984 Tompkins Hill Rd.** **Loleta, CA. 95551** **Cynthia Vera Roberts** **1984 Tompkins Hill Rd.** **Loleta, CA. 95551** The business is conducted by a General Partnership  
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a  
I declare the all information in this statement is true and correct.  
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).  
/s/ Steven Roberts, Owner/ Partner  
This statement was filed with the County Clerk of Humboldt County on Feb. 26, 2014  
CAROLYN CRNICH  
Humboldt County Clerk

3/6, 3/13, 3/20, 3/27/2014 (14-75)

**FICTITIOUS BUSINESS NAME  
STATEMENT 14-00146**

The following person is doing Business as **HUMBOLDT HEARTH-STONES** at 241 F St. Blue Lake, CA. 95525, PO Box 101, Blue Lake, CA. 95525 **Ryan McCutchan** **241 F St.** **Blue Lake, CA. 95525** The business is conducted by an Individual  
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a  
I declare the all information in this statement is true and correct.  
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).  
/s/ Ryan McCutchan, Owner  
This statement was filed with the County Clerk of Humboldt County on Feb. 27, 2014  
CAROLYN CRNICH  
Humboldt County Clerk

3/6, 3/13, 3/20, 3/27/2014 (14-80)

**FICTITIOUS BUSINESS NAME  
STATEMENT 14-00118**

The following person is doing Business as **ANDY'S INDEPENDENT VOLVO SERVICE** at 33 Charlton Road, Blue Lake, CA. 95525, PO Box 912, Blue Lake, CA. 95525 **Anderson C. Adams** **33 Charlton Road** **PO Box 912** **Blue Lake, CA. 95525** The business is conducted by an Individual  
The date registrant commenced to transact business under the fictitious business name or name listed above on 2/14/14  
I declare the all information in this statement is true and correct.  
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).  
/s/ Anderson C. Adams, Owner  
This statement was filed with the County Clerk of Humboldt County on Feb. 14, 2014  
CAROLYN CRNICH  
Humboldt County Clerk

2/20, 2/27, 3/6, 3/13/2014 (14-59)

**FICTITIOUS BUSINESS NAME  
STATEMENT 14-00151**

The following persons are doing Business as **SEQUOIA ORCHIDS AND TREES** at 2855 Demello Road, Fortuna, CA. 95540, PO Box 129, Fortuna, CA. 95540 **DSCL2014, Inc.** **2855 Demello Road** **Fortuna, CA. 95540** The business is conducted by a Corporation  
The date registrant commenced to transact business under the fictitious business name or name listed above on 1/01/2014  
I declare the all information in this statement is true and correct.  
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).  
/s/ David A. Somerville, DSCL2014, Inc., Organizer  
This statement was filed with the County Clerk of Humboldt County on Feb. 27, 2014  
CAROLYN CRNICH  
Humboldt County Clerk

3/6, 3/13, 3/20, 3/27/2014 (14-78)

**FICTITIOUS BUSINESS NAME  
STATEMENT 14-00088**

The following person is doing Business as **LITTLE L'S** at 2865 School St. Fortuna, CA. 95540 **Lauron Crabtree** **3740 Loop Rd.** **Fortuna, CA. 95540** The business is conducted by an Individual  
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a  
I declare the all information in this statement is true and correct.  
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).  
/s/ Lauron Crabtree  
This statement was filed with the County Clerk of Humboldt County on Feb. 06, 2014  
CAROLYN CRNICH  
Humboldt County Clerk

2/13, 2/20, 2/27, 3/6/2014 (14-47)

**FICTITIOUS BUSINESS NAME  
STATEMENT 14-00120**

The following person is doing Business as **OAK WORLD DISCOUNT FURNITURE** at 402 West Harris St., Eureka, CA. 95503 **Oliver Pedro, Jr.** **402 West Harris** **Eureka, CA. 95503** The business is conducted by an Individual  
The date registrant commenced to transact business under the fictitious business name or name listed above on 2/14/14  
I declare the all information in this statement is true and correct.  
(A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)).  
/s/ Oak World Discount Furniture, Owner, Oliver Pedro, Jr.  
This statement was filed with the County Clerk of Humboldt County on Feb. 14, 2014  
CAROLYN CRNICH  
Humboldt County Clerk

2/20, 2/27, 3/6, 3/13/2014 (14-62)

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EVENTS**

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**northcoastjournal.com**

**OR BY**

**E-MAIL**  
**calendar@northcoastjournal.com**



## FICTITIOUS BUSINESS NAME STATEMENT 14-00113

The following persons are doing Business as **O'REILLY AUTO PARTS #3537** at 1605 Central Ave., McKinleyville, CA. 95519, Attn: Tax Dept., PO Box 1156, Springfield, MO. 65801 **O'Reilly Auto Enterprises, LLC 233 S Patterson Ave. Springfield, MO. 65802 AI#ON 201401010215 Delaware**

The business is conducted by a Limited Liability Company The date registrant commenced to transact business under the fictitious business name or name listed above on 01/01/2014 I declare the all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)). /s/ Tom McFall, Treasurer/ CFO, O'Reilly Auto Enterprises, LLC This statement was filed with the County Clerk of Humboldt County on Feb. 14, 2014 CAROLYN CRNICH Humboldt County Clerk

2/27, 3/6, 3/13, 3/20/2014 (14-69)

## FICTITIOUS BUSINESS NAME STATEMENT 14-00114

The following persons are doing Business as **O'REILLY AUTO PARTS #3539** at 1634 Broadway., Eureka, CA. 95501, Attn: Tax Dept., PO Box 1156, Springfield, MO. 65801 **O'Reilly Auto Enterprises, LLC 233 S Patterson Ave. Springfield, MO. 65802 AI#ON 201401010215 Delaware**

The business is conducted by a Limited Liability Company The date registrant commenced to transact business under the fictitious business name or name listed above on 01/01/2014 I declare the all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)). /s/ Tom McFall, Treasurer/ CFO, O'Reilly Auto Enterprises, LLC This statement was filed with the County Clerk of Humboldt County on Feb. 14, 2014 CAROLYN CRNICH Humboldt County Clerk

2/27, 3/6, 3/13, 3/20/2014 (14-70)

## FICTITIOUS BUSINESS NAME STATEMENT 14-00115

The following persons are doing Business as **O'REILLY AUTO PARTS #2730** at 1620 Highland Ave., Eureka, CA. 95503, Attn: Tax Dept., PO Box 1156, Springfield, MO. 65801 **O'Reilly Auto Enterprises, LLC 233 S Patterson Ave. Springfield, MO. 65802 AI#ON 201401010215 Delaware**

The business is conducted by a Limited Liability Company The date registrant commenced to transact business under the fictitious business name or name listed above on 01/01/2014 I declare the all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)). /s/ Tom McFall, Treasurer/ CFO, O'Reilly Auto Enterprises, LLC This statement was filed with the County Clerk of Humboldt County on Feb. 14, 2014 CAROLYN CRNICH Humboldt County Clerk

2/27, 3/6, 3/13, 3/20/2014 (14-71)

## FICTITIOUS BUSINESS NAME STATEMENT 14-00117

The following persons are doing Business as **O'REILLY AUTO PARTS #3491** at 736 S Fortuna Blvd., Fortuna, CA. 95540, Attn: Tax Dept., PO Box 1156, Springfield, MO. 65801 **O'Reilly Auto Enterprises, LLC 233 S Patterson Ave. Springfield, MO. 65802 AI#ON 201401010215 Delaware**

The business is conducted by a Limited Liability Company The date registrant commenced to transact business under the fictitious business name or name listed above on 01/01/2014 I declare the all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)). /s/ Tom McFall, Treasurer/ CFO, O'Reilly Auto Enterprises, LLC This statement was filed with the County Clerk of Humboldt County on Feb. 14, 2014 CAROLYN CRNICH Humboldt County Clerk

2/27, 3/6, 3/13, 3/20/2014 (14-72)

## FICTITIOUS BUSINESS NAME STATEMENT 14-00090

The following person is doing Business as **ERIS & EDRINGTON WRITING COMPANY** at 1385 8th St., Arcata, CA. 95521 **Allison Edrington 2475 Redwood St. #3 Eureka, CA. 95503**

The business is conducted by an Individual The date registrant commenced to transact business under the fictitious business name or name listed above on n/a I declare the all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)). /s/ Allison Edrington, Owner This statement was filed with the County Clerk of Humboldt County on Feb. 06, 2014 CAROLYN CRNICH Humboldt County Clerk

2/13, 2/20, 2/27, 3/6/2014 (14-48)

## FICTITIOUS BUSINESS NAME STATEMENT 14-00152

The following person is doing Business as **VAN DUZEN GROUP** at 2598 Cooper Dr., Hydesville, CA. 95547, PO Box 114, Hydesville, CA. 95547 **Mark Hill 2598 Cooper Dr. Hydesville, CA. 95547**

The business is conducted by an Individual The date registrant commenced to transact business under the fictitious business name or name listed above on n/a I declare the all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000)). /s/ Mark Hill, Owner This statement was filed with the County Clerk of Humboldt County on Feb. 28, 2014 CAROLYN CRNICH Humboldt County Clerk

3/6, 3/13, 3/20, 3/27/2014 (14-79)

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## Lost & Found

**LOST RINGS:** Antique gold w/ green stone surrounded w/gold band; flower sculpture on two sides of stone. Gold ruby ring, 3 bands, middle w/flowers. Reward: \$100 indiv, \$300 both. Rosalyn 916-223-3361. (A-0220)

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## Announcements

**Willow Creek Fire Safe Council Presents**

**St. Patrick's Dinner**  
Friday, March 14 • 5-8pm  
**Veteran's Hall, Willow Creek**

Traditional Irish Corned Beef & Cabbage, Potatoes & Carrots, with Bread & Butter, along with Non-Alcoholic Drinks & Desserts.

**TICKETS**  
Adults \$10 each  
Child (12 & under) \$5 each  
Pre-sale tickets available at Ace Hardware in Willow Creek.

For more info contact  
Charlotte Krupp (530) 629-3438 or  
Time Shoop (707) 499-4719 or  
email oharajp49@yahoo.com

## Opportunities

**thejournal**  
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The North Coast Journal is looking for a hardworking, forward thinking, **ADVERTISING REPRESENTATIVE** to be part of our display sales team. Print and digital sales experience a plus.

Please email your resume to **melissa@northcoastjournal.com**

## Clubs/Orgs

**FREE MEDICARE WORKSHOPS OFFERED BY AREA 1 AGENCY ON AGING'S** Trained HICAP counselors the second Thursday of every month through August. Hour-long workshops make Medicare understandable. Drop by second floor conference room at AIAA, 434 Seventh St., Eureka. Next class: Supplementing Medicare, 4-5 p.m., March 13. On deck: Prescription Drug Plans, April 10, 4-5 p.m.

## Opportunities

**SH**  
Southern Humboldt Community Healthcare District is now accepting applications for **REGISTERED NURSE** ER/Acute, BSN, PALS, ACLS. Per Diem, part-time and full-time  
Visit **www.shchd.org** for more information & to apply.



**CHER-AE HEIGHTS CASINO**

**EMPLOYMENT OPPORTUNITIES**  
**CHER-AE HEIGHTS CASINO**  
**PART-TIME POSITIONS**  
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Cher-Ae Heights Indian Community of the Trinidad Rancheria Employment Applications available in Human Resources/ Seascope/Cher-Ae Heights Casino or our website at **www.cheraehightscasino.com** Cher-Ae Heights is an alcohol and drug free workplace with required testing.

**SH**  
Southern Humboldt Community Healthcare District is now accepting applications for **CERTIFIED MEDICAL ASSISTANT** Full time position with benefits. Work in our Rural Health Clinic. Experience preferred; willing to train the right person. Paramedics/CNAs also considered. Contact us at (707) 923-3921, ext. 230 for more information.

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## Opportunities



SEQUOIA PERSONNEL SERVICES INC.

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**Southern Humboldt Community Healthcare District is  
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### **NURSE MANAGER**

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Experience Required.

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Patient and ER Registration F/T with benefits,  
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### **CLINICAL LAB SCIENTIST**

California Clinical Laboratory Scientist for full-time  
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## **HUMBOLDT SENIOR RESOURCE CENTER**

**Accepting Applications For:**  
**PACE Enrollment Representative**  
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PACE (Program of All-inclusive Care for the Elderly) is a new program opening in 2014. Go to [www.humsenior.org](http://www.humsenior.org) for complete job descriptions and application guidelines. Click on Job Opportunities to see these jobs and other available positions. Call (707) 443-9747 Ext. 1257 for more information. EOE.

## Opportunities



### **CITY OF ARCATA WATER/WASTEWATER OPERATOR I/II**

I - \$38,381.62 - \$46,653.10/yr.  
II - \$40,345.03 - \$49,039.64/yr.

Participates in the operation and maintenance of the wastewater treatment and disposal system, including sewer lift stations and associated appurtenances and the water distribution system.

**Final Filing Date: 4:00 p.m. Friday, March 14, 2014.** Application materials available at Arcata City Manager's Office, 736 F Street, Arcata, CA 95521; by calling (707) 822-5953; or at [www.cityofarcata.org](http://www.cityofarcata.org). EOE.



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On behalf of the Eureka Housing Authority we are seeking an individual for an **ACCOUNTING SPECIALIST II** position. Primary duties will include processing payroll and backing up the accounts payables processing.

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## Opportunities

### **County of Humboldt DISCHARGE PLANNER**

\$2,837 – \$3,640 monthly, plus excellent benefits.

As a member of a treatment team, provide in-patient services to integrate psychiatric after care and services in the community for patients discharged from in-patient facilities. Requires knowledge and experience in principles, practices and methods of community mental health care and treatment, and skill in establishing linkages with community resources. Desire two years of experience providing social services or direct patient support in a mental health or social services setting. Must possess a valid CA driver's license.

**Final filing date: March 12, 2014.** For information and application contact County Human Resources, 825 5th Street, Eureka, CA, or apply on-line at [www.co.humboldt.ca.us/jobs](http://www.co.humboldt.ca.us/jobs). AA/EOE

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### **MEDICAL RECEPTIONIST**

2 F/T Crescent City, 1 Temp Willow Creek

### **CASE MANAGER**

1 F/T Eureka

### **ADMINISTRATIVE ASSISTANT**

1 F/T Arcata

### **REGISTERED DENTAL ASSISTANT**

1 F/T Eureka

### **REGISTERED NURSE**

1 Temp P/T Willow Creek, 1 F/T Eureka, 1 F/T Arcata

### **MEDICAL ASSISTANT**

2 F/T Eureka

### **RN CLINIC COORDINATOR (SUPV)**

1 F/T Willow Creek, 1 F/T Crescent City

### **LCSW**

1 F/T Crescent City, 1 F/T Eureka, 1 F/T McKinleyville

### **INTEGRATED BEHAVIORAL HEALTH COUNSELOR**

1 F/T Eureka

### **FAMILY PRACTICE MD/DO**

1 F/T Eureka, 1 F/T Arcata, 1 F/T McKinleyville,  
1 F/T Crescent City

### **OB-GYN**

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## Opportunities



### EDUCATION:

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For jobs in education in all school districts in Humboldt County, including teaching, instructional aides, coaches, office staff, custodians, bus drivers, and many more. Go to our website at [www.humboldt.k12.ca.us](http://www.humboldt.k12.ca.us) and click on Employment Opportunities. Applications and job flyers may be picked up at the Personnel Office, Humboldt County Office of Education 901 Myrtle Ave, Eureka, or accessed online. For more information call 445-7039. (E-0313)

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## Opportunities

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[facebook.com/justinbarrington.96](https://www.facebook.com/justinbarrington.96)

## Auctions

### PUBLIC AUCTION

THURS. MARCH 13TH 5:45PM

Large collection  
clean furniture, Florist  
shop liquidation.

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PREVIEW WEDS. 11-5, THURS. 11 ON



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## Community

### BECOME A FOSTER PARENT.

Provide a safe and stable environment for youth 13-18 for them to learn & grow in their own community. Contact the HC Dept. of Health & Human Services Foster Care Hotline (707) 441-5013, ask for Peggy

## Merchandise

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Great Deals Everyday! Dream Quest Thrift Store: Helping Youth Realize Their Dreams, Willow Creek (530) 629-3006.

**KILL ROACHES!** Buy Harris Roach Tablets. Eliminate Roaches-Guaranteed. No Mess, Odorless, Long Lasting. Available at Ace Hardware, The Home Depot, homedepot.com (AAN CAN) (M-0424)

## Miscellaneous

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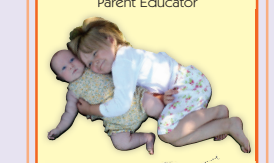



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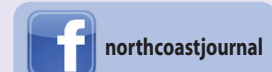


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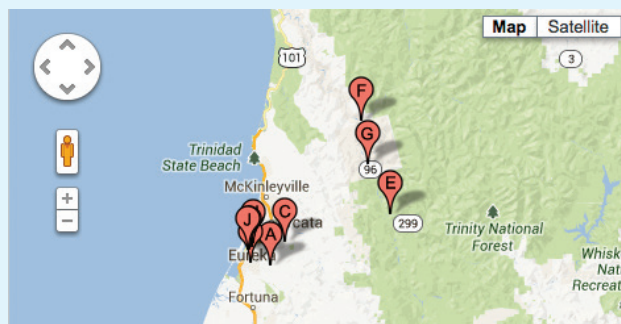


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